

ST. ANASTASIA CATHOLIC CHURCH

FIRST SUNDAY OF LENT

FEBRUARY 26, 2023

PASTOR

Rev. Leszek Semik

ASSOCIATE PASTOR

Rev. Greg Rozborski

PRIEST IN RESIDENCE

Rev. Msgr. Gregory Cox

DEACON

Jose "Joe" Viola

BUSINESS MANAGER

Fred Balsz

WEEKEND MASSES

Saturday: 5PM Vigil Sunday: 7:30AM, 9AM,

11AM, 5PM

DAILY MASSES

Mon, Wed, Fri: 6:30AM

MA8

Tues, Thu, Sat: 8AM

RECONCILIATION/ CONFESSION

Wednesdays: 5:15 - 5:45PM Saturdays: 3:30 - 4:45PM

Parish Office Hours

Mon-Fri: 8:30AM - 4:30PM (CLOSED WEEKENDS)

7390 W. Manchester Ave Los Angeles, Ca 90045 (310) 670-2243

Contact Us:

Parish@st-anastasia.org





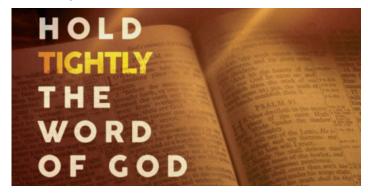




GOSPEL MEDITATION

by Fr. John Muir

1st Sunday of Lent



The Spirit leads Jesus into the desert to be tempted by the devil, and we hear this: "He fasted for forty days and forty nights, and afterwards he was hungry." Seems like a questionable battle preparation plan. When I fast, I usually feel grouchy at best, and at worst, like I might pass out from longing for a hamburger. Isn't it better to be well-fed and fully hydrated, especially to face spiritual struggles? Why fast?

This might help. The origin of the word "fast" means to "hold firmly." We still use it that way when we say, "I held fast to my original decision." We human beings are a bundle of desires which vie for our attention: food, drink, comfort, safety, sex, laughter, beauty, and so on. If we can't manage to have firm grip on them, in short order they'll have a firm grip on us. By fasting from our lower desires, we learn to firmly grip on to what is greater. Fasting leads to us to a firmer hold on our body and mind.

Jesus fasts for us. He's showing us that his grace can help us regain this firm hold of our lives, which makes it more difficult for the devil to tempt us. But take it one more step. Fasting also teaches us to finally hold fast to Jesus, the Word of God in flesh. "Man does not live by bread alone," he says, "But by every word that comes forth from the mouth of God." Jesus' fasting reveals his fast hold to the Father in everything. May our fasting help us to grasp ourselves more firmly, and then to hold fast to Jesus alone.

COFFEE & DONUTS TODAY!

Join us in the Diamond Courtyard for Coffee & Donuts this and every Sunday after the 7:30AM, 9AM, and 11AM Masses— thanks to Sister Teresita and her Courtyard Hospitality Team.



MINISTRY MEETINGS & UPCOMING EVENTS



Adult Choir (Every Wednesday at 6:40PM - during Lent)

March 1, 8, 15, 22, 29

Men's Morning Hour (Every 1st Wednesday after 6:30AM Mass) Location: Parish Office Conference Room

March 1

Catholic Mom's Ministry (Every 1st Thursday at 10AM) Location: Parish Office Conference Room

March 2

Companions on the Journery (Every 3rd Thursday at 10AM) Location: Parish Office Conference Room

March 16

Morning Glory Rosary Group (Every Thursday 8AM Mass) Location: Diamond Courtyard w/ light refreshments

Lenten Meals (Every Wednesday in Lent)

Location: Pastor's Plaza

March 1, 8, 15, 22, 29

April 5

St. Roberts Center (Every 6 weeks)

Location: 211 3rd Ave, Venice, CA 90291

March 11April 29

Why do we do that? - Catholic Q&A

Question: Can you recommend some good books for Lenten spiritual reading?

Answer: On more than one occasion, a coach being interviewed about his team--successful or not--will be asked about the next step. The inevitable response includes something about getting back to basics. Reviewing the fundamentals of the sport strengthens performance and builds confidence.

The best Lenten reading takes us back to the fundamentals. If Lent is the time for the Church to be on retreat, then we should focus on the texts that help us deepen our understanding of our faith. Spend time reading one of the Gospels and use a Scripture commentary to learn all you can about the passion of Jesus. You can use the Catechism of the Catholic Church to learn more about the Church's teachings and beliefs. The sections on prayer and the Mass are really great reflections. Focusing on the basics really helps us take another step forward in our faith. We have not only a better understanding of what we believe and practice, but also why we believe. With that belief comes the confidence we need to be better, more faithful witnesses to Christ. **©LPi**

Mass Intentions, Weekly Readings, & Mass Celebrants

DAILY PRAYERS

PERSONAL PRAYER IN THE CHURCH

The Church is open every day:

Mondays & Fridays: 6AM - 5PM

Tuesdays & Thursdays: 7AM - 5PM

WEDNESDAYS: 6AM - 6PM

SATURDAYS & SUNDAYS: 7AM - 6PM

DIVINE MERCY CHAPLET + ADORATION

In the Church - Wednesdays at 5PM

Daily Rosary

Monday-Saturday following all 8AM Masses and after 6:30AM Masses on Monday, Wednesday and Friday



SACRAMENTAL PREPARATION

BAPTISM:

Parents and Godparents are required to participate in a pre-Baptism Preparation Course through the Los Angeles Archdiocese at www.LaCatholics.org/baptism. Call the Parish Office at 310-670-2243 for information on the completion of all requirements <u>4 weeks prior to the Baptism.</u>

FIRST RECONCILIATION, HOLY COMMUNION & HS CONFIRMATION:

Please contact Dianalee Dupree

Call: 310-670-2243 Ext. 51 or Email: DDupree@st-anastasia.org

Adult Baptism, Confirmation and Eucharist (OCIA):

for information on becoming Catholic contact Parish Office at 310-670-2243 or Email: parish@st-anastasia.org

MARRIAGE:

Engaged couples must contact the Office 6 months before their proposed wedding date. Call the Parish Office: 310-670-2243.

ANOINTING OF THE SICK:

Sacrament for the Sick is celebrated upon request of the family. Call the Parish Office 310-670-2243 or Email: parish@st-anastasia.org

MASS INTENTIONS & PRAYER REQUESTS:

Arranged by contacting the Parish Office with names of loved ones. Call the Parish Office 310-670-2243 or Email: parish@st-anastasia.org

Note: Due to privacy and confidentiality laws, permission must be given by a family member to publish a loved one's name for mass intentions and prayer requests.

FUNERAL PLANNING:

Call the Parish Office 310-670-2243 to arrange funeral or memorial services.

Mass Intentions & Readings for the Week

Birthday ★ Support ◆ Anniversary ♥ Memorial む

SUNDAY, February 26: First Sunday of Lent

Gn 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17 (see 3a)/Rom 5:12-19

7:30 AM - Ron Amato ◆

9 AM - CJ + Rosemary Cambre **分分**

11 AM – Lynn French 🕆

5 PM - Orlando Canita 🕏

MONDAY, February 27: St. Gregory of Narek

Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46

6:30 AM – Maggie Markovic ◆

8 AM - J. Cuozzo ◆

TUESDAY, February 28:

Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15

8 AM - Nana Crawford Mallen 🕏

WEDNESDAY, March 1:

Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32

6:30 AM – John Morgan ★ 🕆

8 AM - Adam Zaidi ♦

THURSDAY, March 2:

Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8/Mt 7:7-12

8 AM - Lucian Shokouh •

FRIDAY, March 3: St. Katharine Drexel

Ez 18:21-28/Ps 130:1-2, 3-4, 507a, 7bc-8/Mt 5:20-26

6:30 AM - Johnny Lange 🕆

8 AM – Joan Maria Cuozzo 🛨

7PM - Stations of the Cross

SATURDAY, March 4: St. Casimir

Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48

8 AM – Herb & Jan Masi ◆

5 PM - Raymond L. Alvarez 🕆

NEXT SUNDAY'S MASS CELEBRANTS & READINGS

SAT: 5PM	Fr. Greg Rozborski
SUN: 7:30AM	Msgr. Gregory Cox
SUN: 9AM	Fr. Greg Rozborski
SUN: 11AM	Fr. Leszek Semik
SUN: 5PM	Fr. Leszek Semik

First Reading: I will make of you a great nation, and I will bless you; I will make your name great, so that you will be a blessing. (Gn 12:2) **Psalm:** Lord, let your mercy be on us, as we place our trust in you.

(Ps 33)

Second Reading: Bear your share of hardship for the gospel with the strength that comes from God. He saved us and called us to a holy life. (2 Tm 1:8-9)

Gospel: Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun. (Mt 17:1-2)

FAITH FORMATION

SCHOOL OF RELIGIOUS EDUCATION

Jesus Time Program

An introductory faith formation program developmentally appropriate for Children 3-5 years of age. Offered every Sunday during our 9AM Family Mass.



Meet us in the School Building

VACATION BIBLE SCHOOL SAVE THE DATE

Registration NOW OPEN for our upcoming Vacation Bible School week this Summer. Cost is \$90 per camper Visit http://www.st-anastasia.org/youth/

vbspro.events/p/sta

JUNE 26 – JUNE 30, 2023 9AM TO 12N (DAILY)



Join us for a week of Bible stories, crafts, snack, games and more as we explore how we can Shine Jesus' Light in our world. Older kids and adults are encouraged to sign up to experience an amazing adventure as a **CREW LEADER**. Sixth graders and older are invited to register as crew leaders. We appreciate any time that teens, college students, and adult volunteers can give during the week. We are looking forward to an amazing week this Summer! Contact ddupree@st-anastasia.org for volunteering opportunities.



Lent #Pray40 on the Hallow app is available FREE to all parishioners through Easter. Sign up when you visit https://hallow.com/holydaypackage/ Search St. Anastasia Parish and choose to make this Lent your most transformative yet by joining Hallow's Pray40 community challenge with millions of Catholics around the world journeying through the Imitation of Christ.

YOUR GUIDE TO LENT AT ST. ANASTASIA



WEDNESDAYS:

Adoration and Divine Mercy Chaplet at 5PM Lenten Meals at 6PM in Pastor's Plaza

FRIDAYS:

Stations of the Cross at 7PM in the Church followed by Adoration until 9PM

LENTEN PENANCE SERVICE:

Thursday, March 30th at 7PM

DEVOTIONALS:

Pick up your copy of "*Praying with Jesus This Lent*," from The Word Among Us while supplies last. Copies will be in the vestibule and at the West side entrance to the Church.

OTHER DEVOTIONALS & RESOURCES:

Be Transformed offers all of the tools you need for a fresh understanding of the sacraments, including reflection questions, scripture meditations, prayers, and inspiring stories. You'll come away hungry for the sacraments in a way you never knew possible.





In this beautiful guided journal for prayer and meditation, Fr. John Burns—author of the bestselling and award-winning book Adore—invites you to strip away your confusion, attachments, and sin so you can return to the Lord and undergo real and lasting conversion. These and other Lenten Journey resources can be found at https://www.avemariapress.com/

LIVE THE LITURGY

Inspiration of the week

We worship a God who understands human limitation. A God who has felt the pangs of fasting and the enticements of the tempter. Our God, hungry and tired and weakened, has stared into the face of the devil and said: "I am stronger than you."

Parish Life & School

SIMPLE MEAL WEDNESDAYS

Community Lenten Meals are back every Wednesdays throughout the Lenten Season beginning on March 1st. We look forward to coming together in Pastor's Plaza. We invite the leaders of our ministries to consider hosting a week. Interested? Please reach out to Dianalee Dupree ddupree@st-anastasia.org



PARISH BALL SAVE THE DATE



Please join us for our annual Parish Ball Saturday, **March 25** at the LAX Marriott. Come dressed in your black-tie best to kick off the celebration of our **70th Anniversary!**

Early-bird tickets are on sale now starting at \$100 (tickets will increase to \$125 on March 1).

Visit the Parish Ball website for more information and sponsorship opportunities https://one.bidpal.net/parishball2023 or link through this QR Code

STATIONS OF THE CROSS & ADORATION

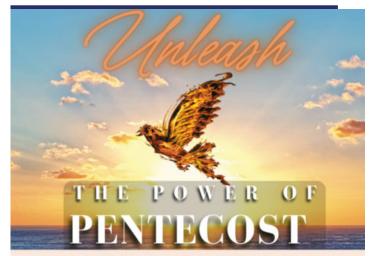


This Lent join us on Fridays for Stations of the Cross at **7PM** and continued Adoration until **9PM**.

Come once, twice, or every week. Gift yourself time in prayer with God.



Parish Retreat March 4-8TH



Join Fr. Greg Rozborski on a Parish Retreat

March 4-8, 2023

This retreat begins with an invitation and reflection on The Holy Spirit during the weekend homilies on March 4th (Vigil) & Sunday, March 5th followed by talks

Monday-Wednesday from 7PM -8:30PM each night

Monday - Charisms

Tuesday- Baptism in the Holy Spirit

Wednesday - Living Life to the Fullest

Our Parish Retreat will conclude with the Exposition of the Blessed Sacrament and Healing Prayer

CHURCH ENVIORNMENT VOLUNTEERS



BEYOND OUR PARISH





RESPECT LIFE



You are invited to our **Opening Gathering**

in Lawndale in front of the Planned Parenthood Health Center 14623 Hawthorne Blvd

Sunday, February 26

from 3:00 - 4:30pm

Join us for a Rosary at 2:30pm Prayer - Encouragement - Guest Speaker Refreshments - Children welcome



Our guest speaker Heather Morgan is an avid prolife advocate and sidewalk counselor participating in walks, prayer gatherings, sidewalk outreach, her parish life ministry, and 40 Days for Life. She and her husband Tom are parents of 7 wonderful children. She will share with us their amazing story of God's transforming love and mercy in their lives from college dating to raising a family to battling cancer together.

DID YOU KNOW? FEBRUARY 25-26

Know how to report abuse in California



It is important to take immediate action if someone discloses Excellence abuse to you, or if you suspect abuse or neglect is happening. The Archdiocese of Los Angeles offers a detailed list of resources

with information about what to do if you suspect a child, vulnerable or elderly adult is being abused. All employees and volunteers within the Archdiocese of Los Angeles are expected to report suspected abuse to the appropriate civil authorities and to Victims Assistance Ministry. For more information, visit <u>lacatholics.org/reporting-child-abuse</u>. For more information about support for victim-survivors and abuse prevention and protection efforts of the Archdiocese, visit <u>lacatholics.org/protect</u>.

ANNOUNCEMENTS & BULLETIN UPDATES

Deadline for any pulpit announcements is Thursdays by 12N. If you have any announcements for the bulletin, please email bulletin@st-anastasia.org.

Mar. 12 bulletin content due: Thursday, Mar. 2



CESAR "THE LION" MARQUEZ REALTOR® I CERTIFIED PRICING STRATEGY ADVISOR

PROUDLY SERVING THE WESTSIDE FOR OVER 30 YEARS

> 310.890.8703 CesarsFineHomes@AOL.com

COLDWELL BANKER REALTY CalBRE# 00992163



24 HOURS A DAY

310)846-0900

West Los Angeles & South Bay Areas PuroClean.com/psb-ca



Disaster Specialists



Dr. Patricia Turley PEDIATRIC DENTIST

310.643.0125

Serving Manhattan Beach/South Bay areas

PERSONAL TAXES. ACCOUNTING & FINANCIAL

Over 30 years of experience in all personal tax, accounting & administrative functions for small and medium sized organizations.

Peter Denvir - Parishioner

310.413.6547

peter.denvir@yahoo.com





310.877.2374

Bill Ruane has been recognized by RE/MAX as their #1 AGENT IN THE UNITED STATES.



Recognized 8+ Years Running by The Argonaut and HomeTown News as the Westside's Best

Auto Repair Shop!

2 Miles West of Lincoln Bl. 8145 West Manchester Playa Del Rey, CA 90293 310.822.9115

catholicmatch* California



CatholicMatch.com/myCA





Dr. Michael Parsons -In Westchester Since 1981-310-670-0902

Welcome to our beautiful new state of the art office near LAX 8930 S. Sepulveda Blvd. #210 Los Angeles, 90045 Free Parking

DEAN LEAMY

Your Local Realtor Choice! Westchester/PDR Resident for Over 50 Years

310.622.5837 deanileamy@gmail.com deanjleamyrealty.com

TANGANA WELLNESS ive the gift of wellness for any occasi rate • Get Well Soc hank You • Birthday Quinceañera nt & Wedding maid & Groom

www.tanganawellness.com

Catholic Cruises and Tours and The Apostleshi g of the Sea of the United States of America Take your FAITH ON A JOURNEY. Call us today at 860-399-1785 or email

eileen@CatholicCruisesandTours.com www.CatholicCruisesandTours.com

Assisted Living Community

Serving Seniors Since 1935

Dedicated to providing a safe and loving environment All Day Dining

Daily Mass • Beautiful Gardens

Nazareth For more info contact Carol Kashima House 310-839-2361 x 31 ckashima@nazarethhousela.org

www.nazarethhousela.org 3333 Manning Ave. • Los Angeles, CA 90064



310-714-1346

Diana@HomeTeam2.com



DRE #: 01801553

www.HomeTeam2.com



CATHOLIC CEMETERIES & MORTUARIES

EVERLASTING FAITH. EVERLASTING LIFE.

A ministry of the Church serving the faithful.

REMAX Estate Properties

Learn about our 11 locations in Los Angeles, Ventura and Santa Barbara counties

CatholicCM.org





St. Anastasia Online Giving

Scan the QR code below to donate online with Our Sunday Visitor



Login information Thank you for your continued support

PARISH ORGANIZATIONS

Parish Finance Council:	David Mora	.670-2	2243
Pastor Pastoral Council:	Christopher Kaczor	.670-2	2243
Site Committee:	Stefan Politz	337-	9534
Men's Club:	Chris Turkmany	.200-8	3021
Knights of Columbus		821-2	324
Arts and Education:	Andy Kozlowski	670-	3152

LITURGICAL MINISTRIES

Ministry of the Eucharis	st: Linda Schmidt.	397-5691
To the Home Bound		670-2243
Ministry of the Word:	Carl Pentis	649-4238

Antoinette Luxford.338-1140

Ministry of Music: Kate Comstock......670-2243

MusicMinistry@st-anastasia.org

Ministry of Ushers: Damon Le Blanc

csrleblanc@gmail.com

Courtyard Hospitality: Sr. Teresita.....216-2001
Altar Care: Rose De Leonardis..645-7175

Altar Server Committee: Linda Schmidt

Mary Paquin502-6653

INTERESTED IN BECOMING A PRIEST OR IN RELIGIOUS LIFE?

Call the Office for Vocations 213-637-7248 www.la-archdiocese.org/org/vocations

ST. ANASTASIA CATHOLIC CHURCH

ST. ANASTASIA CATHOLIC CHURCH

7390 W. Manchester Avenue Los Angeles, CA 90045 310-670-2243 Office 310-670-5052 Fax

Website: www.St-Anastasia.org Email: parish@st-anastasia.org

ST. ANASTASIA CATHOLIC SCHOOL

8631 S. Stanmoor Drive Los Angeles, CA 90045 310-645-8816 Office



PASTORAL TEAM

	17101010121271111				
	Pastor:	Fr. Leszek J. Semik			
	Associate Pastor:	Fr. Greg Rozborski			
	Priest in Residence:	Msgr. Gregory A. Cox			
} 	Deacon:	Jose "Joe" Viola			
	Business Manager:	Fred Balsz			
	Parish Secretary:	Nora Jayne Mallen			
ı	Parish Office Assistant:	Theresa Reilly			
2	Director of Music Ministry:	Kate Comstock			
	Faith Formation/ Bulletin Editor:	Dianalee Dupree			
1	Safety Administrator:	Kenneth Lance			
3	School Principal:	Angelica Krestin			
	School Vice Principal:	Amanda Kraivanger			
)	Director of Mission Advancement:	Vickie Farmer			
3	Health and Academic Registrar:	Linda Schmidt			
	School Bookkeeper:	Pauline Diaz			
	Director of Admissions:	Clare Thomason			
1	Maintenance:	Erik Melchor			
5	PTO-Parent Teacher Organization:	Shanon Matthews			
2	Consultative School Board:	Dianalee Dupree			
_	ADESTE (After School Program):	Ofelia Jimenez			

LPi Advertising Visit - https://www.4lpi.com/advertising-solutions

PARISH LIFE MINISTRIES

Companions on the Journey			
Sue McLaughlin &			
Lidia Vinci670-2243			
Prayer Group			
Lori Mountain502-9105			
Rosary Ministry			
Rose De Leonardis645-7175			
Ben Oakley670-2771			
Respect Life			
Teressa Syta670-0285			
Safe Guard the Children			
Parish Office670-2243			

Homeless Weekend Program/ St. Robert's Center

Parish Office......670-2243

St. Margaret's Center

Mary Agnes Erlandson....672-2208 Senobia Nelson......291-3047

Catholic Charities

Cindy Begazo.....306-9390

Nurses Ministry

Linda S. Absher...........645-6136 Angie Tolentino......351-6137

Men's Reflection Group

Vince Mauch 670-2243 MOMS Ministry

Maria Reilly......382-7971

Bible Study
Carolyn Godlewski..........670-2243
Email: ScriptureStudyStA@gmail.com

Social Ministry

Laurette Bibeau.....670-2488

Family Visitation Ministry

Sr. Teresita.....216-2001

Ministry of Consolation

Aleida Rodriguez670-2243

Stephen Ministries

Robyn Stein......670-2243

