

**NINETEENTH SUNDAY  
IN ORDINARY TIME**

**AUGUST**  
**8**  
**2021**

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**The bread that I will give is my  
flesh for the life of the world.**

*John 6:51*

**ST. ANASTASIA CATHOLIC CHURCH**

**7390 WEST MANCHESTER AVE. LOS ANGELES, CA 90045**

**310.670.2243 ◆ ST-ANASTASIA.ORG**



THE PARISH OFFICE IS NOW OPEN TO THE PUBLIC



CALL FOR MORE INFORMATION, 310-670-2243, OR EMAIL: PARISH@ST-ANASTASIA.ORG

HOURS OF OPERATION: 9 AM TO 3:30 PM // m - f // WE ARE HERE TO SERVE AND HELP!

### NINETEENTH SUNDAY IN ORDINARY TIME ~ CIVIL DISCOURSE ~

“Do not grieve the Holy Spirit of God.” These words bring us up short! What could we be doing to grieve the Holy Spirit? Alas, the same things that the Ephesians were doing in the time of Paul, that is, fighting, shouting, reviling each other with fury, anger, and malice. Just tune in to talk radio some day or observe some “road rage” on the expressway. If we who are partakers of the Body of Christ can treat one another this way, what does that mean about our belief in Christ’s message of peace and reconciliation? The Eucharist is the sacrament of unity. It is communion with God and with each other. A good first step would be to speak civilly to each other, even in disagreement!  
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The Catholic Church dedicates the month of August to the Immaculate Heart of Mary. The Immaculate Heart is often venerated together with the Sacred Heart of Jesus (the devotion we celebrate in June), and with good reason. Just as the Sacred Heart represents Christ’s love for mankind, the Immaculate Heart represents the desire of the Blessed Virgin to bring all people to her Son. There is no better example of the Christian life than that offered by Mary. Through the following prayers, which help to deepen our devotion to her Immaculate Heart, we can join the Mother of God in drawing closer to Christ.

#### Act of Consecration to the Immaculate Heart of Mary

This Act of Consecration to the Immaculate Heart of Mary illustrates perfectly the Marian doctrine of the Catholic Church: We do not worship Mary or place her above Christ, but we come to Christ through Mary, as Christ came to us through her.

#### Prayer of Consecration to the Immaculate Heart

*Queen of the Most Holy Rosary, and tender Mother of all people, I consecrate myself to your Immaculate Heart, and recommend to you my family, my country, and the whole human race. Please accept my consecration, dearest Mother, and use me as you wish, to accomplish your designs upon the world. O Immaculate Heart of Mary, Queen of Heaven and earth, rule over me, and teach me how to allow the Heart of Jesus to rule and triumph in me and around me, as it has ruled and triumphed in you. Amen.*

#### An Explanation of the Prayer of Consecration to the Immaculate Heart

In this prayer of consecration to the Immaculate Heart of Mary, we dedicate ourselves to follow the example of the Mother of God. The Blessed Virgin desires nothing other than the Will of her Son; we ask her to intercede for us, that we may know His Will and live it in our lives.

### SUNDAY, AUGUST 8TH, 2021 NINETEENTH SUNDAY IN ORDINARY TIME

CONTINUE TO CHECK THE ST. ANASTASIA WEBSITE AND FACEBOOK PAGE TO STAY TUNED WITH UPDATES!

### PRAYER INTENTIONS

FOR YEARS, WE HAVE TRADITIONALLY LISTED THE PRAYER INTENTIONS IN THE BULLETIN. KEEPING WITH THAT TRADITION, WE NOW LIST THOSE INTENTIONS AND PLACE THEM ON THE ALTAR DURING MASS. (THIS IS A TEMPORARY CHANGE. - THANK YOU FOR YOUR UNDERSTANDING)

#### SUNDAY, AUGUST 8TH

- 7 AM - VINCENT AMATO ☩
- 9 AM - JOAN CONNOLLY ☩
- 11 AM - THOMAS DOMINIC GRANDE ☩
- 5 PM - ST. ANASTASIA PARISHIONERS

#### MONDAY, AUGUST 9TH

- 6:30 AM - GLORIA ZEE ☩
- 8 AM - ENA R. RODRIGUEZ ★☩

#### TUESDAY, AUGUST 10TH

- 8 AM - JOSEPH & MARION STODDER ♥

#### WEDNESDAY, AUGUST 11TH

- 6:30 AM - STEPHEN & MICHELLE IBANEZ ♦
- 8 AM - ALAN BIBEAU ☩

#### THURSDAY, AUGUST 12TH

- 8 AM - MARTHA KELLEY ☩

#### FRIDAY, AUGUST 13TH

- 6:30 AM - STEPHEN & MICHELLE IBANEZ ♦
- 8 AM - JOHN & ROSEMARY CONNOLLY ♥

#### SATURDAY, AUGUST 14TH

- 8 AM - JESUS' MERCY AND MOTHER MARY'S INTERCESSIONS
- 5 PM - CHRIS & COLLEEN ♥



Birthday ★ Support ♦ Anniversary ♥ Memorial ☩



UPDATE: As of July 18, masks are required to attend Mass indoors, regardless of vaccination status. Although social distancing requirements are not in effect, there will be a designated area for social distancing of at least three feet between family units that prefer social distancing while indoors. We appreciate your understanding and compliance in this difficult time.

THE CHURCH IS NOW OPEN FOR SERVICES - PLEASE CHECK THE WEBSITE FOR UPDATES

The safety of our parishioners continues to be our top priority at all times.

➤ THE PARISH OFFICE IS NOW OPEN TO THE PUBLIC ◀

Please call for more information @ 310.670.2243, or email: parish@st-anastasia.org. ◆ Hours: 9 am to 3:30 pm ◆ M - F



## REMINDERS:

CONFESSIONS on Saturday, from 3:30 to 4:45 PM

Wednesdays, 5:15 to 5:45 PM

IN THE CHURCH

\*\*\*\*\*

Holy Water is available in the Parish Office.  
It is always a good idea to call before @ 310-670-2243.  
A donation is welcomed!

## High School Confirmation Program Registration is now OPEN!

St. Anastasia is offering a 2 year preparation program for the sacrament of Confirmation this Fall. The program will run September-May. All year 1 and year 2 candidates can visit our website to register at <https://bit.ly/StAConfirmation>

[StAConfirmation](https://bit.ly/StAConfirmation)

Year 2 candidates must re-register even if they participated last year. <https://bit.ly/StAConfirmationRegister>



Parent Welcome night will take place on September 19 at 6:30pm. More information to come. Please email [Ddupree@st-anastasia.org](mailto:Ddupree@st-anastasia.org) with any questions.

## ALL MASSES ARE NOW INDOORS - IN THE CHURCH

### MASS SCHEDULE FOR THE WEEKEND

SATURDAY VIGIL MASS @ 5PM

SUNDAY MASSES: 7AM, 9AM, 11 AM, & 5 PM.

### DAILY MASS SCHEDULE - IN THE CHURCH

MONDAY, WEDNESDAY & FRIDAY: 6:30 AM & 8 AM

TUESDAY, THURSDAY & SATURDAY: 8 AM



## St. Anastasia Online Giving

Scan the QR code below to donate online with your

## Our Sunday Visitor

Login information



Thank you for your  
continued support



*Saint Anastasia was born in 281 A.D. and became a perfect symbol of peace, humanity, and solidarity. Her Feast Day is December 25th. She is a symbol of dialogue and collaboration. In her spirit, and in the spirit of love, we welcome all to the Catholic Community of St. Anastasia Catholic Church.*

LOOK

## NEWS FROM YOUR DRE (PCL)

### Sacrament Preparation Class Updates:

- ◆ First Holy Communion Registration & RCIA  
TODAY, August 8th, 22nd, and 29th.

Visit me in the Courtyard for more information or to register via email:

Nivita Aldrete-Brito

Email: [Nivita007@st-anastasia.org](mailto:Nivita007@st-anastasia.org) or inquiring text to: 310-614-7520

**Faith @ Home** ~ Is back and available on our Website, and it is also inserted in our weekly bulletin. Faith @ Home helps you and your household grow in faith as you spend time throughout the week reflecting on God's Word. Based on the Sunday readings from the Revised Common Lectionary, the devotions invite you to engage in the discipleship practice of Reading, Reflecting, and Responding to scripture in the context of community.

#### MAKE DEPOSITS

Friendship is like a bank account. You can't continue to draw on it without making deposits.  
—Anonymous

#### A CLEAR CONSCIENCE

There's no pillow so soft as a clear conscience.  
—French proverb

#### HELPER NEEDED

God is a good worker; but loves to be helped.  
—Basque proverb

### Did You Know? The importance of being a good example

Parents often have an easier time enforcing rules if they are setting good examples for their children. When it comes to drinking, drug use, and other risky behaviors, it is not always enough to tell your children these behaviors are forbidden. Parents should model the behavior they want to see. Drinking in moderation and abstaining from drug and nicotine teaches children about boundaries and responsible behaviors and reinforces the message that dangerous substances really are dangerous. For more information, request a copy of the VIRTUS article "Ten prevention practices you may not have considered," at <https://lacatholics.org/did-you-know/>. Read the VIRTUS article "Ten prevention practices you may not have considered."

#### FACTS OF LIFE

### INSPIRING: NICU doctor now works alongside premature baby she saved decades ago

It was a walk down memory lane when a neonatal intensive care unit (NICU) doctor at Franciscan Health in Lafayette, Indiana, welcomed the department's newest nurse — who had once been a premature baby under the doctor's own care.

Dr. Rosario Chua is the medical director of the NICU at Franciscan Health, and has been working as a NICU specialist for 30 years. When Megan Milakis was born prematurely 23 years ago, Chua was the physician who helped care for her. Today the two are working side by side.

"Obviously there are some patients that you never forget," Chua told WLF1. "When I heard about Megan starting as a NICU in my unit I met with her and of course we hugged and I thought my goodness, my baby, from 23 years ago is working alongside me," she added.

Now Milakis is back in the NICU, bringing hope to the families of newly premature babies. "When I say that Dr. Chua took care of me and I'm a NICU baby myself, [parents] are usually very surprised and happy to see a strong outcome," she said.

Having a baby in the NICU, especially during the COVID-19 pandemic, is a very emotional and stressful time for parents and families. Having a former NICU baby helping to care for your own NICU baby likely helps parents keep a positive outlook, even during the most stressful times. Knowing that the same doctor who cared for her is also caring for your baby also provides hope and trust.

"It completely came full circle," Milakis said. "She was here when I first started out and when I was starting my nursing career for her to be a part of it and now is really cool and special."  
[www.liveaction.org](http://www.liveaction.org)



*We encourage all to read and reflect on the Biblical passages that will be proclaimed at Masses next week!*

First Reading — The vision concerning the woman clothed with the sun (Revelation 11:19a; 12:1-6a, 10ab).

Psalms — The queen stands at your right hand, arrayed in gold (Psalm 45).

Second Reading — Christ, the first fruits; then those who belong to Him (1 Corinthians 15:20-27).

Gospel — Mary praises God in the Magnificat (Luke 1:39-56).

### CELEBRATING OUR FAITH

~ Next Week ~ 20th Sunday in Ordinary Time  
Saturday, August 14th, and Sunday, August 15th, 2021

#### MASSSES:

Sat: 5 pm  
Sun: 7 am  
Sun: 9 am  
Sun: 11 am  
Sun: 5 pm

#### CELEBRANTS:

Fr. Semik  
Fr. Innocent  
Fr. Semik  
Msgr. Cox  
Fr. Semik



## MINISTRY EQUIPS US TO DEEPEN OUR LOVE FOR GOD AND SHARE OUR FAITH...



### Heed Our Lady's Call! The Five First Saturdays Devotion -

Our Loving Mother has requested the devotion of the Five First Saturdays in reparation for the blasphemies and offenses to her Immaculate Heart.

To assist those here at St. Anastasia wishing to complete this devotion, the Parish offers the following on 1st Saturdays:

- \* 8:00 - Holy Mass; \* 8:30 to 9:30 am - Adoration;
- \* 3:30 to 4:45 pm - Confession; \* 5:00 pm - Holy Mass.

The Church is open throughout the day for meditation and silent Rosary. Adoration is also a good opportunity to complete those components.

If you are interested in a family-friendly meditation and Courtyard Rosary for kids (4 pm) before the Saturday 5 pm Vigil Mass, contact Kimberly Chavira at [kimberlychavira@mac.com](mailto:kimberlychavira@mac.com).

For questions about this devotion contact [kimberlychavira@mac.com](mailto:kimberlychavira@mac.com).

For a complete description of the devotion see: <https://firstsaturdaydevotion.com>

Please refer to our Website for more information. Brochures are also available.



**Who is ready to travel?** Don't wait until 2030 to see the Passion Play - Join us in May 2022. Simply the Best: Oberammergau Passion Play plus Munich, Salzburg, Venice, Padua, Assisi and Rome. Hosted by Maritza Leon. Twelve days from May 18 to May 29, 2022 including a Papal audience. For more information contact Maritza Duran-Leon at 310-895-8898.

### Nineteenth Sunday in Ordinary Time ~ Chicken or Egg

"Forgive us our trespasses as we forgive those who trespass against us." (Mt 6:12) You could read that line as a warning that God only forgives those who forgive others. Paul reverses that conditional meaning to say that we forgive because God has already forgiven us. So which came first, the chicken or the egg? In a sense, both are needed: Jesus died on the cross to show that God forgives sins you haven't even committed yet. We have to want to be forgiven and accept that gift from God. And we also have to be willing to forgive those who have hurt us. There are many ways to do that. One is to forgive in your heart. If it is someone you love, you know they didn't mean to hurt you and so you don't get angry at them. If you don't love the one who hurt you, you still need to forgive, so you can let go of the hurt. (And be forgiven for not loving your neighbor!) Paul also tells us to be kind and compassionate (Eph 4:32.) We can go to the next step after forgiving in our hearts: We show our forgiveness in our actions. A friend or relative might get a hug; others might get a handshake or words of forgiveness. Jesus showed how much God wants to forgive us by his death on the cross. Because we are forgiven, we are then able to forgive others. So while God's love and forgiveness are always first, we must be able to forgive others so that we can accept it from God.

Tom Schmidt, Copyright (c) J. S.



*"I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." - John 6:35*

*You probably know how it feels to be hungry.*



But what does Jesus mean when He says that whoever comes to Him will never be hungry? Jesus is talking about a different kind of hunger—the hunger for God. But wait. How can anyone be hungry for God? Look at it this way. Have you ever been far away from home? Far from the people you love? It is not fun. You miss them. You feel an emptiness, maybe even an ache, in your heart. This is the kind of emptiness, hunger and thirst Jesus is talking about. But with Jesus, we can find all that we hunger for. With Jesus, we are never alone. We have all that we need.



*Jesus, you are all I need!*



### Pope Francis' Prayer Intention for AUGUST

The Church ~ Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.



**St. Anastasia Catholic Church**  
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 310-670-5052 Fax  
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 Email: [parish@st-anastasia.org](mailto:parish@st-anastasia.org)



**SACRAMENTAL PREPARATION**  
**DRE (PCL):**  
 First Holy Communion: Year 1 & Year 2,  
 RCIA, Family :ZOOMING with Jesus  
 Time (Open to all families with or without  
 children), Nivita Aldrede-Brito:  
 Office: 310.670.2243 Cell/Text: 310.614.7520  
 Email: [Nivita007@st-anastasia.org](mailto:Nivita007@st-anastasia.org)  
**CONFIRMATION:** Dianalee Dupree  
 Phone: 310-670-2243, ext. 51  
 Email: [ddupree@st-anastasia.org](mailto:ddupree@st-anastasia.org)

**ANointing OF THE SICK:** Sacrament for the Sick  
 is celebrated upon request of the family. Call the  
 Parish Office 310-670-2243.

**BAPTISM:** Parents and Godparents are required to  
 participate in preparation program. Call the Parish  
 Office 310-670-2243.

**MARRIAGE:** Engaged couples must contact the  
 Office no later than 6 months before their proposed  
 wedding date. Call the Parish Office 310-670-2243

**R.C.I.A.:** (Rite of Christian Initiation of Adults) -  
 Becoming Catholics - Call the Parish Office  
 310-670-2243.

**FUNERALS:** Call the Parish Office: 310-670-2243.

**LITURGICAL MINISTRIES**  
 Ministry of the Eucharist  
**Linda Schmidt.....397-5691**  
**To the Home Bound.....670-2243**  
 Ministry of the Word  
**Carl Pentis.....649-4238**  
**Antoinette Luxford.....338-1140**  
 Ministry of Music  
**Angelica Roque.....670-2243**  
[MusicMinistry@st-anastasia.org](mailto:MusicMinistry@st-anastasia.org)  
 To Volunteer as an Usher  
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**Rose De Leonardis.....645-7175**  
 Altar Server Committee:  
**Herb Masi .....641-2819**  
**Mary Paquin.....502-6653**

**Pastoral Team**

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 Fr. Leszek J. Semik  
 Associate Pastor:  
 Fr. Innocent Nzewuji  
 Priest in Residence:  
 Msgr. Gregory A. Cox  
 Pastor Emeritus:  
 Rev. Thomas F. King  
 Business Manager:  
 Fred Balsz  
 Parish Office Manager/  
 Bulletin Editor  
 Aleida Rodriguez  
 Parish Office Assistants:  
 Nora Jayne Mallen  
 Theresa Reilly  
 Director of Religious Education:  
 Nivita Aldrede-Brito  
 Director of Music Ministry:  
 Angelica Roque  
 Confirmation Coordinator:  
 Dianalee Dupree  
 School Principal:  
 Angelica Krestin  
 School Office Manager:  
 Louise Lance  
 School Office Assistant:  
 Linda Schmidt  
 School Bookkeeper:  
 Pauline Diaz  
 Campus Safety:  
 Ken Lance  
 Maintenance:  
 Erik Melchor  
 Consultative School Board:  
 Dianalee Dupree  
 PTO-Parent Teacher Organization:  
 President: Vickie Farmer  
 ADESTE (After School Program)  
 Ofelia Jimenez



**PARISH ORGANIZATIONS**  
 Parish Finance Council  
 David Mora 670-2243  
 Pastor Pastoral Council  
 Christopher Kaczor 670-2243  
 Site Committee  
 Stefan Politz 337-9534  
**Men's Club**  
 Chris Turkmany 200-8021  
 Knights of Columbus 821-2324  
 Arts and Education  
 Andy Kozlowski 670-3152

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**PARISH LIFE MINISTRIES**

Funeral Arrangements.....670-2243  
 Companions on the Journey  
**Sue McLaughlin & Lidia Vinci....670-2243**  
 Young Adult Ministry  
**Nancy Albin.....927-8891**  
 Prayer Group  
**Lori Mountain.....502-9105**  
 Rosary Ministry  
**Rose De Leonardis.....645-7175**  
**Ben Oakley.....670-2771**  
 Respect Life  
**Teressa Syta.....670-0285**  
 Safe Guard the Children  
**Ken Lance.....670-2243**  
 St. Joseph Center  
**Jayne Cram.....645-1140**  
 Homeless Weekend Program/  
**St. Robert's Center**  
 Parish Office.....670-2243  
**St. Margaret's Center**  
 Mary Agnes Erlandson.....672-2208  
 Catholic Charities  
**Cindy Begazo.....306-9390**  
 Bundles for Babies and Diaper Drive  
**Teressa Syta.....670-0285**  
 Nurses Ministry  
**Linda S. Absher.....645-6136**  
**Angie Tolentino.....351-6137**  
 Ministry for Married Couples  
**Jon & Suzette Sornborger.....670-2243**  
**Men's Spirituality**  
**Joe Berberich.....745-7009**  
**Shad Meshad.....568-1065**  
**Men's Morning Hour .....670-2243**  
 MOMS Ministry  
**Maria Reilly.....382-7971**  
 Bible Study  
**Carolyn Godlewski.....670-2243**  
 Email: [ScriptureStudyStA@gmail.com](mailto:ScriptureStudyStA@gmail.com)  
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**Laurette Bibeau.....670-2488**  
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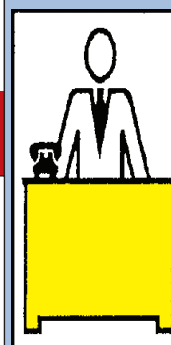
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