

3rd Sunday of Lent
March 7, 2021

Faith @ Home

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First Reading: Exodus 20:1-17
Responsorial Psalm: Psalms 19:8, 9, 10, 11
Second Reading: 1 Corinthians 1:22-25
Gospel: John 2:13-25

[Full readings can be found here!](#)

1. HEAR

Options to Read/Listen to the Gospel

Grab your Bible and look up the reading. If you don't have a Bible, you can find the Gospel reading [here](#).

For a video children can watch, [click here](#).

2. PRAY

This weekend during the Sunday liturgy, we will celebrate the First Scrutiny of 3 Scrutinies. As a church community, we journey with and pray for the members of our church, the Elect, that will be receiving their sacraments at Easter Vigil. To be in solidarity with our Elect, consider experiencing a special blessing of the senses with members of your household.

Pray over each person individually and recite the following prayer:

Place your hands over the individual's eyes and say:
Open our eyes to see God's love in our lives.

Place your hands over their ears and say:
Open our ears to hear His message in the Gospel.

Place your hands over their mouth and say:
Open our mouth to proclaim the Good News.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

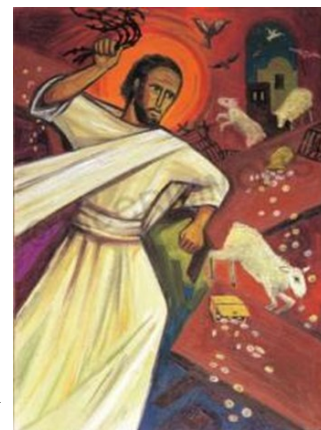
Place your hands over their heart and say:
Open our hearts to His love and Mercy.

Place your hands over their hands and say:
Bless our hands to go out and share the Good News with everyone.

AMEN.

3. TALK

In the Gospel we saw Jesus become angry because the people were not respecting the House of God. In the Gospel stories, there are only a few times when we see Jesus' human emotions. Reflect on a time when you became very angry because you saw injustice: how did it make you feel and how did you react? How do you think God is asking you to respond when you are in those situations? Share the incident, the emotions you felt and your response to the situation with a family member or friend.



Jesus cleanses the temple
The Benedictine Sisters of Turvey Abbey

During this Lenten Season we are called to **PRAYER**, **FASTING** and **ALMSGIVING**. For this 3rd week of Lent, consider **PRAYING** specifically for the Elect of our parishes. Consider finding out the names of the Elect from your parish, write their names down and each day during Lent **PRAY** for them. Also, take time to ask that God help you **FAST** from making choices that would be against God's will. Ask God to give you a discerning heart that is patient, loving and compassionate. Generously **GIVE (ALMSGIVING)** of your time and talent to help those in need around you, especially those who you know have been affected by the COVID-19 virus. Drop off a meal at their house, offer to grocery shop for them and safely drop off groceries on the doorstep. Simple acts of love will be greatly appreciated and will be an example to others of God's love and mercy.