

MARCH 7, 2021

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# THIRD SUNDAY OF LENT

*Jesus found in the temple area those who sold oxen, sheep, and doves,  
as well as the money changers seated there.  
He made a whip of cords and drove them all out.*

*John 2:14-15*

**ST. ANASTASIA CATHOLIC CHURCH**

7390 WEST MANCHESTER AVE. LOS ANGELES, CA 90045

310.670.2243 ♦ ST-ANASTASIA.ORG



**THE PARISH OFFICE IS STILL CLOSED UNTIL FURTHER NOTICE.**  
**CONTACT ONLY BY PHONE 310-670-2243, OR EMAIL: PARISH@ST-ANASTASIA.ORG**  
**HOURS OF OPERATION: 9 AM TO 3:30 PM // WE ARE HERE TO SERVE AND HELP!!**



**THIRD SUNDAY OF LENT ~ ~ TOTAL ALLEGIANCE ~ ~** In previous weeks we have seen how the theme of covenant—as a preparation for the baptismal covenant celebrated at Easter—occupies an important place in our cycle of Lenten readings. The notion of covenant as a relationship between two parties carries with it an expectation of mutual accountability and fidelity to the terms of the covenant. When God forged the covenant with **the Jewish people on Mt. Sinai, it was a pledge of God's protection, and it would forever permit them familiar access as the Chosen People.** For their part, the Jewish people were to observe the dictates of the law, summarized most succinctly here in the form of the Ten Commandments. To be in a covenantal relationship with the Lord God requires an exclusive relationship, just as discipleship with Jesus—ritualized in baptism—demands a total allegiance to him and none other.

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**HALLOW A CATHOLIC PRAYER & MEDITATION APP**  
 Welcome to the #1 Catholic App

Remember to continue using this special app throughout Lent. **Hallow** is a Catholic prayer and meditation app that helps users deepen their relationship with God through audio-guided contemplative prayer sessions. The app, launched 2 years ago, is already the #1 Catholic app in the world. The app is great for praying alone or together with your spouse/family. Hallow truly has something for everyone, no matter what you are going through. Specifically for Lent, **Hallow has put together a "#Pray40 Challenge" featuring daily Lenten meditations with multiple length options** that work for every schedule and experience level. In honor of Pope Francis declaring 2021 as the "Year of St. Joseph," the #Pray40 meditations will focus on growing in the virtues of the patron of the Universal Church, including humility, hiddenness, obedience, chastity, justice, and love of the poor. **Hallow** is free to download and has tons of permanently free content, as well as a premium subscription, Hallow Plus. This Lent, we have partnered with the Hallow team to provide Hallow Plus access to all parishioners for FREE through Easter. No credit card required. To get started, simply log on to <https://hallow.com/stanastasiatala>. Check our Website for more details.

**LENT 2021** - The Catholic Community around the world follows these general regulations during Lent.

**ABSTINENCE** - Is a penitential practice consisting of restraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, Good Friday, and the Fridays during Lent are days of abstinence. Pastors and parents are encouraged to see that children who are not bound by the obligation to fast and abstain, are led to appropriate an authentic sense of penance.

**FASTING & ABSTINENCE** - In addition to abstinence, fasting is to be observed on Ash Wednesday and Good Friday by all Catholics between the ages of 18-59 years (inclusive). On days of fasting, one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

**NOTE:** If the person is unable to observe above regulations due to ill health or other serious reasons, they are urged to practice forms of self-denial that are suitable to their condition.

✝ THE STATIONS ON THE CROSS TAKES  
 PLACE EACH FRIDAY DURING LENT @ 5 PM ✝

**\*\*\* ATTENTION PLEASE: MASS SCHEDULE UPDATE AS OF JANUARY 2021 \*\*\***

DAILY MASSES, MONDAY THROUGH SATURDAY @ 8 AM - INDOOR - CHURCH

♥ SATURDAY VIGIL MASS 5 PM - INDOOR - CHURCH

SUNDAY, 7 AM & 9 AM Mass - INDOOR - CHURCH

SUNDAY, 11 AM - OUTDOOR - PASTORS PLAZA AND - 5 PM SUNDAY MASS INDOOR - CHURCH ♥

REGISTRATION IS REQUIRED TO ATTEND SATURDAY VIGIL/SUNDAY MASSES

◆ IF RAINING OR BAD WEATHER, ALL SERVICES ARE INDOORS ◆

**SUNDAY, MARCH 7TH, 2021**  
**THIRD SUNDAY OF LENT**

CONTINUE TO CHECK THE ST. ANASTASIA WEBSITE AND FACEBOOK PAGE TO STAY TUNED WITH UPDATES!

**PRAYER INTENTIONS**

*FOR YEARS, WE HAVE TRADITIONALLY LISTED THE PRAYER INTENTIONS IN THE BULLETIN. KEEPING WITH THAT TRADITION, WE NOW LIST THOSE INTENTIONS AND PLACE THEM ON THE ALTAR DURING MASS. (THIS IS A TEMPORARY CHANGE. - THANK YOU FOR YOUR UNDERSTANDING)*

**SUNDAY, MARCH 7TH**

7 AM - EVA & DOUG KELLER ◆  
 9 AM - ROSEMARY CONNOLLY ★  
 11 AM - KATHERINE MARGOT ROONEY ✝  
 5 PM - ST. ANASTASIA PARISHIONERS

**MONDAY, MARCH 8TH**  
 8 AM - AARON & DIANA COLES FAMILY ◆

**TUESDAY, MARCH 9TH**  
 8 AM - MICHAEL GASPARRO ★

**WEDNESDAY, MARCH 10TH**  
 8 AM - HELEN MALLEN ✝  
 SPECIAL INTENTIONS ★

**THURSDAY, MARCH 11TH**  
 8 AM - JOHNNY BALK ✝

**FRIDAY, MARCH 12TH**  
 8 AM - SHELTON T. M. LORICK ◆

**SATURDAY, MARCH 13TH**  
 8 AM - JAVIER ANTUNES ✝  
 5 PM - BETTE J. FERRA ✝

Birthday ★ Support ◆ Anniversary ♥ Memorial ✝

THE CHURCH IS NOW OPEN FOR SERVICES - PLEASE CHECK THE WEBSITE FOR UPDATES

The safety of our parishioners continues to be our top priority at all times.

THE PARISH OFFICE IS STILL CLOSED TO THE PUBLIC

We encourage you to contact us ONLY by phone: 310.670.2243, or email: parish@st-anastasia.org. ♦ Hours: 9 am to 3:30 pm.

## Welcome Back to Church!

That statement might seem a bit odd because, as you probably know, we have been celebrating daily and Sunday Masses since June 2020. For several months, we have been celebrating the Eucharist, Sacrament of Reconciliation, funerals in the Diamond Courtyard, **and the Pastor's Plaza. Just before Christmas, we were permitted to open our Church again for our indoor services.**

There is just something powerful and amazing about meeting together as a Family, as the Church! Especially, when it's been many months since we have gathered in our Sanctuary!

These past few months have been quite trying to say the least, for all of us. For Priests and Staff here at St. Anastasia, these buildings have felt quite empty. We have missed the sounds of praise in the Sanctuary. We have also missed the voices of our children, youth, and adults worshipping together in fellowship.

When something is taken away, that we have enjoyed for years, like Church, we begin to realize what a tremendous blessing it is in our lives! **The Bible is quite clear on the value of meeting together. It states in Hebrews 10:25, "Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another."**

I believe it's vital that we, as believers, come together for worship and fellowship, as we learn more about walking in the Love of God. Our world needs the message the Church has to offer.

I encourage you to be a person, full of Grace, as we gather again. Although, we are permitted to open Churches for our daily and Sunday worship, we still must follow all the necessary regulations, policy of the Archdiocese, and guidelines from the State of California. **The number of worshippers at any given time, cannot exceed the 25% maximum capacity. That's why it is still necessary to register online to attend Saturday Vigil and Sunday Masses.**

**There are many different beliefs and perhaps convictions about the "way things should be." Yet, we can be a people who will "major in the majors!"** In other words, remember that our relationship with God is essential. That we draw closer to Christ now more than ever before!

To be filled with grace in this context, would mean that we refrain from being critical of others because their thought process is different than ours. Some aren't ready to return to in-person worship, and that's just fine! Others are ready to start hugging and shaking hands immediately, yet, we ask that you refrain from doing so.

We at St. Anastasia Parish, are continuing to focus on performing our absolute best to make sure we ALL are in a safe, yet, welcoming environment, both for people AND the presence of God!



Thank you for giving your leadership an extra dose of grace during this time as well. We are excited to have you back!

Blessings in Christ,  
Fr. Leszek Semik  
Pastor



## PRAYING THROUGH LENT

### WITH THE SAINTS

### Third Sunday of Lent

### **"Enter My Soul"**

**"O Lord, my God, I am not worthy that you should come into my soul, but I am glad that you have come to me because in your loving kindness you desire to dwell in me. Open the door of my soul so that you may enter into it with your loving kindness and dispel the darkness of my mind."**

- St. John Chrysostom

## Lent is a time for turning

*"Yet, even now, says the Lord, return to me with all your heart, with fasting, with weeping and with mourning."*

— Joel 2:12

**Lent is a season for turning...** The word *conversion* derives from the Latin word *convertere*, which means to turn around, to transform, or to change completely. The **Lenten** scriptures provide the spiritual foundation for our turning or returning to God. In the book of Hosea, Israel is compared to an **unfaithful lover whom God invites to come back: "The Lord said to me, 'Go, love a woman who is an adulterer, just as the Lord loves the people of Israel, though they turn to other gods'" (Hosea 3:1). Jesus tells the parable of the Prodigal Son to proclaim how God's boundless mercy calls us home: "I will get up and go to my Father, and I will say to Him, 'Father, I have sinned against heaven and against You'" (Luke 15:18).**

WILL CONTINUE...





*Saint Anastasia was born in 281 A.D. and became a perfect symbol of peace, humanity, and solidarity. Her Feast Day is December 25th. She is a symbol of dialogue and collaboration. In her spirit, and in the spirit of love, we welcome all to the Catholic Community of St. Anastasia Catholic Church.*

## Family First...from your DRE

This Sunday's Psalm is truly beautiful. It fills my heart with joy and hope! **"I sought the Lord, and he answered me, and delivered me from all my fears. Look to him, and be radiant; so your face shall never be ashamed. The Lord saves the crushed in spirit."**

Even in our saddest days, we need to rejoice for God has given us another day to live out the Gospel. As we near Holy Week, may we be mindful of Jesus' ministry on earth. May we live according to what He taught.

How has this Lenten Season been different for you this year with the pandemic restrictions?

Did you find yourself closer to God?

Share with your family your thoughts!



## NEWS FROM YOUR DRE (PCL)

Please contact me for any of the following, with questions or concerns.

Sacrament Preparation Class Updates:

- ◆ First Holy Communion - Year 1 and Year 2,
- ◆ Confirmation -Year 1 and Year 2,
- ◆ RCIA
- ◆ Family " ZOOMING with Jesus Time (Open to all families with or without children),
- ◆ Baptism Class Parents/Godparents.

Nivita Aldrete-Brito ~ ~

Email: [Nivita007@st-anastasia.org](mailto:Nivita007@st-anastasia.org)

~ ~ Cell/Text: 310-614-7520



## FACTS OF LIFE

### The Dignity of Life on Display

The ad that had everyone talking of the Super Bowl was from an unlikely company — Toyota. Most known for their rugged cars and SUVs, the company's heart-warming commercial took many by surprise. Featuring Paralympian and Team Toyota athlete Jessica Long, the ad shows footage of her swimming with a voice-over reenactment of a phone call with her adoptive mother. **"Mrs. Long. We found a baby girl for your adoption," says a woman on the phone. "But there are some things you need to know. She's in Siberia and she was born with a rare condition. Her legs will need to be amputated. I know this is difficult to hear. Her life, it won't be easy." Then the commercial shifts to footage of Long winning a race. "It might not be easy, but it'll be amazing," Long's mom says. "I can't wait to meet her." Long was adopted from a Russian orphanage, and at just 18 months old her legs were amputated below the knee. Her father Steve Long told *Celebrate Life Magazine*: "Every baby is a blessing and precious and special. So many people are looking to adopt children. For people who are not prepared to get pregnant, I always suggest that they choose life as opposed to the alternative because there are a lot of people who can raise their children and love their children."**

To date, she has won 29 gold medals, 8 silver and 4 bronze.

[www.lifenews.com](http://www.lifenews.com)

## Did You Know?

### Helping children cope with grief

With the ongoing COVID-19 pandemic, many children are grieving — they may have lost family members, they are cut off from their friends and their routines, and their lives have changed significantly.

Parents can help children work through their strong emotions by acknowledging their feelings and encouraging children to talk about them. Talk with them honestly and simply, helping them to answer any questions they might have about why this is happening, or what will happen next. Often, showing children that they are loved unconditionally can help them handle strong feelings of loss and sadness.

For more information, please visit, <https://occatholic.com/talking-about-god-and-grief-with-children/>

## CELEBRATING OUR FAITH

~ Next Week ~ Fourth Sunday of Lent

Saturday, March 13th, and Sunday, March 14th, 2021

| MASSES:                   | CELEBRANTS:  |
|---------------------------|--------------|
| Sat: 5 pm                 | Fr. Semik    |
| Sun: 7 am                 | Fr. King     |
| Sun: 9 am                 | Msgr. Cox    |
| Sun: 11 am                | Fr. Semik    |
| Holy Communion @ 12:30 pm | Fr. Innocent |
| Sun: 5 pm                 | Fr. Innocent |

*We encourage all to read and reflect on the Biblical passages that will be proclaimed at Masses next week!*



First Reading — The wrath and the mercy of the Lord are revealed in the exile and liberation of the chosen people (2 Chronicles 36:14-16, 19-23) or 1 Samuel 16:1b, 6-7, 10-13a.

Psalm — Let my tongue be silenced, if I ever forget you! (Psalm 137) or Psalm 23.

Second Reading — By grace you have been saved (Ephesians 2:4-10) or Eph 5:8-14.

Gospel — The Son was sent by God so that the world might be saved through him (John 3:14-21) or John 9:1-41 [1, 6-9, 13-17, 34-38].



# MINISTRY EQUIPS US TO DEEPEN OUR LOVE FOR GOD AND SHARE OUR FAITH...



☺ It is not too late to get involved  
♥ Please check ours/theirs Website for details.

**In Lawndale & South Los Angeles**  
Learn more...get involved...pick a location...& sign up for prayer times at:

February 17 - March 28  
**40 DAYS FOR LIFE**

[40daysforlife.com/Lawndale](http://40daysforlife.com/Lawndale)  
Vigil location: Outside Planned Parenthood  
Contact: Teresa Syta, 310-592-4213

[40daysforlife.com/SouthLosAngeles](http://40daysforlife.com/SouthLosAngeles)  
Vigil location: Outside Planned Parenthood  
Local contact: Franne Valle, 323-476-5708,

## Knights of Columbus Fish Fry, coming up during Lent

◆ Friday, March 19th  
From 5:30 to 7:30 pm (or until we are out!)  
Knights of Columbus Hall  
Playa del Rey.  
Call 310-821-2324, to place your To Go order.

### REMINDERS:

◆ St. Anastasia offers Drive-Through Holy Communion, on Sundays at 12:30 pm.  
\*\*\*\*\*

### CONFESSIONS

on Saturday, from 3:30 to 4:45 PM  
DIAMOND COURTYARD  
\*\*\*\*\*

Holy Water is available in the Parish Office.

Those interested, please call before coming, since the office is CLOSED to the Public, @ 310-670-2243. A donation is welcomed!

## Creating Pure Hearts in the Home

### A Lenten Preparation Checklist for Families

E. Emphasize the Importance of Feasting  
Explain to your child that while it is important to fast during Lent, it is also a good time to “feast” on good things, using the space we are making by fasting. Invite your child to consider what he or she could “feast” on this Lent. Good ideas include time spent reading Scripture, doing acts of kindness, serving others, praying, spending time with family members, and being grateful for the good things in our lives.

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Courtesy of  
St. Anastasia  
DRE



Will continue...



The Sacred Heart Sisters are giving a Virtual Lent Retreat for Adults “By His wounds, we are healed.” 1Pt 2:24

Friday, March 12<sup>th</sup> 6 pm – 8:30pm, or  
Saturday, March 13<sup>th</sup> 10am – 12:30pm  
Sign up now – registration is online.  
<https://sacredheartretreatcamp.com/lent-retreat/>  
Call 714-557-4538 with questions.  
A freewill donation is greatly appreciated.



“But I say to you, love your enemies, and pray for those who persecute you.”

- Matthew 5:44

It is hard to love people who are mean or unkind. Then there are bullies—how can

we love them? It is important to know that loving people doesn't mean allowing them to hurt you, treat you badly or bully you. Remember, God created you in His image. You are precious to God, and He does not want anyone to harm you. Loving your enemies can mean saying a prayer for them. It can mean refusing to hurt those who hurt you.

It is hard to do this on your own, so ask Jesus for His strength, mercy, and love. Remember, if you are hurt or bullied by anyone, talk to an adult you trust.

Jesus, help me love others as you love me!



## St. Anastasia Home Bible Study

### Does the Bible Really Say That?!

Did a reading you heard at Mass ever leave you baffled?

📺 Join Dr. Brant Pitre each week as he explains difficult passages, relates them to Catholic teaching, and gives cultural context for the Sunday Old and New Testament readings.

📺 On your own schedule, watch his engaging videos and participate in moderated Q&A and discussion with other members of St. Anastasia Bible Study.

📺 Every Sunday like never before you will experience the richness of Sacred Scripture. Yes, it all makes sense.



There is no charge but registration is needed.  
Contact: Carolyn Godlewski at [ScriptureStudyGal@gmail.com](mailto:ScriptureStudyGal@gmail.com)

**St. Anastasia Catholic Church**  
 7390 W. Manchester Avenue  
 Los Angeles, CA 90045  
 310-670-2243 Office  
 310-670-5052 Fax  
 Website: [www.St-Anastasia.org](http://www.St-Anastasia.org)  
 Email: [parish@st-anastasia.org](mailto:parish@st-anastasia.org)



**SACRAMENTAL PREPARATION**  
DRE (PCL):  
 First Holy Communion: Year 1 & Year 2,  
 Confirmation: Year 1 & Year 2,  
 RCIA, Family :ZOOMING with Jesus  
 Time (Open to all families with or without  
 children), Baptism Class Parents/  
 Godparents  
 Nivita Aldrede-Brito:  
 Office: 310.670.2243 Cell/Text: 310.614.7520  
 Email: [Nivita007@st-anastasia.org](mailto:Nivita007@st-anastasia.org)

ANointing of the Sick: Sacrament for the Sick  
 is celebrated upon request of the family. Call the  
 Parish Office 310-670-2243.

BAPTISM: Parents and Godparents are required to  
 participate in preparation program. Call the Parish  
 Office 310-670-2243.

MARRIAGE: Engaged couples must contact the  
 Office no later than 6 months before their proposed  
 wedding date. Call the Parish Office 310-670-2243

R.C.I.A.: (Rite of Christian Initiation of Adults) -  
 Becoming Catholics - Call the Parish Office  
 310-670-2243.

FUNERALS: Call the Parish Office: 310-670-2243.

**LITURGICAL MINISTRIES**  
 Ministry of the Eucharist  
 Linda Schmidt.....397-5691  
 To the Home Bound.....670-2243  
 Ministry of the Word  
 Carl Pentis.....649-4238  
 Antoinette Luxford.....338-1140  
 Ministry of Music  
 Angelica Roque.....670-2243  
 MusicMinistry@st-anastasia.org  
 To Volunteer as an Usher  
 Parish Office.....670-2243  
 Courtyard Hospitality  
 Sr. Teresita.....216-2001  
 Altar Care  
 Rose De Leonardis.....645-7175  
 Altar Server Committee:  
 Herb Masi .....641-2819  
 M. R.....670-2243

**Pastoral Team**

Pastor: Fr. Leszek J. Semik  
 Priest in Residence:  
 Msgr. Gregory A. Cox  
 Fr. Innocent Nzewuji  
 Pastor Emeritus:  
 Rev. Thomas F. King  
 Business Manager:  
 Fred Balsz  
 Parish Office Manager/  
 Bulletin Editor  
 Aleida Rodriguez  
 Parish Office Assistants:  
 Nora Jayne Mallen  
 Theresa Relly  
 Director of Religious Education:  
 Nivita Brito  
 Director of Music Ministry:  
 Angelica Roque  
 Confirmation Coordinator:  
 Nivita Brito  
 School Principal:  
 Angelica Izquierdo  
 School Office Manager:  
 Louise Lance  
 School Office Assistant:  
 Linda Schmidt  
 School Bookkeeper:  
 Pauline Diaz  
 Campus Safety:  
 Ken Lance  
 Maintenance:  
 Erik Melchor  
 Consultative School Board:  
 Todd Dombrowski  
 PTO-Parent Teacher Organization:  
 President: Vickie Farmer  
 ADESTE (After School Program)  
 Ofelia Jimenez



**PARISH ORGANIZATIONS**  
 Parish Finance Council  
 David Mora 670-2243  
 Pastor Pastoral Council  
 Christopher Kaczor 670-2243  
 Site Committee  
 Stefan Politz 337-9534  
**Men's Club**  
 Chris Turkmany 200-8021  
 Knights of Columbus 821-2324  
 Arts and Education  
 Andy Kozlowski 670-3152

**St. Anastasia Catholic School**  
 8631 S. Stanmoor Drive  
 Los Angeles, CA 90045  
 310-645-8816 Office  
 Website: [school.St-Anastasia.org](http://school.St-Anastasia.org)  
 Email: [school@st-anastasia.org](mailto:school@st-anastasia.org)

**PARISH LIFE MINISTRIES**

Funeral Arrangements.....670-2243  
 Companions on the Journey  
 Sue McLaughlin & Lidia Vinci...670-2243  
 Young Adult Ministry  
 Nancy Albin.....927-8891  
 Prayer Group  
 Lori Mountain.....502-9105  
 Rosary Ministry  
 Rose De Leonardis.....645-7175  
 Ben Oakley.....670-2771  
 Respect Life  
 Teresa Syta.....670-0285  
 Safe Guard the Children  
 Lisa Scaltrito.....670-2243  
 Ann Abraham.....670-2243  
 St. Joseph Center  
 Jayne Cram.....645-1140  
 Homeless Weekend Program/  
**St. Robert's Center**  
 Bob & Lori Caldwell.....823-7417  
**St. Margaret's Center**  
 Mary Agnes Erlandson.....672-2208  
 Catholic Charities  
 Cindy Begazo.....306-9390  
 Bundles for Babies and Diaper Drive  
 Teresa Syta.....670-0285  
 Nurses Ministry  
 Linda S. Absher.....645-6136  
 Angie Tolentino.....351-6137  
 Ministry for Married Couples  
 Jon & Suzette Sornborger.....670-2243  
**Men's Spirituality**  
 Joe Berberich.....745-7009  
 Shad Meshad.....568-1065  
**Men's Morning Hour** .....670-2243  
 MOMS Ministry  
 Kim Chavira.....949-370-1455  
 Maria Reilly.....382-7971  
 Bible Study  
 Carolyn Godlewski.....670-2243  
 Email: [ScriptureStudyGal@gmail.com](mailto:ScriptureStudyGal@gmail.com)  
 Social Ministry  
 Laurette Bibeau.....670-2488  
 Family Visitation Ministry  
 Sr. Teresita.....216-2001

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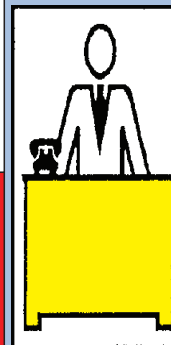


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