

MARCH 21, 2021

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FIFTH  
SUNDAY OF **LENT**

*Unless a grain of wheat falls to the ground and dies,  
it remains just a grain of wheat;  
but if it dies, it produces much fruit.*

*John 12:24*

ST. ANASTASIA CATHOLIC CHURCH  
7390 WEST MANCHESTER AVE. LOS ANGELES, CA 90045  
310.670.2243 ◆ ST-ANASTASIA.ORG



**THE PARISH OFFICE REMAINS CLOSED UNTIL FURTHER NOTICE.**  
**CONTACT ONLY BY PHONE 310-670-2243, OR EMAIL: PARISH@ST-ANASTASIA.ORG**  
**HOURS OF OPERATION: 9 AM TO 3:30 PM // WE ARE HERE TO SERVE AND HELP!!**



**FIFTH SUNDAY OF LENT ~ ~ THE NEW COVENANT ~ ~** Today's first reading is an enormously important passage, not only in the history of the Jewish people, but also for us as disciples of Jesus, who see in it a foreshadowing of the Christian dispensation. The prophet announces that God has chosen to forgive the people, and that as a sign of divine forgiveness a new covenant will be established. Contrasting the new covenant with the one made with Moses on Mount Sinai, Jeremiah says that the new covenant will be written on the people's hearts rather than on tablets of stone. No longer will the community's tradition be the sole bearer of the covenant: henceforth, God will speak directly and personally to each individual, forgiving sin and calling for a return to God in faithfulness. No longer will mere outward compliance with the dictates of the Law suffice; henceforth, God asks for an obedience that springs from the depths of one's heart. Precisely that kind of obedience is highlighted in today's second reading, where the author of the Letter to the Hebrews describes Jesus as the mediator of the new covenant whose obedience has made him the source of salvation for all who, in turn, obey him.  
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## 2021

**PALM SUNDAY, MARCH 28th** - No outside procession. Priest will begin Mass outside; congregation inside the Church.  
 Masses: 7 am, 9 am, 11 am (Pastors Plaza) and 5 pm.

Monday, March 29th - Regular 8 am morning Mass,  
 Tuesday, March 30th - Regular 8 am morning Mass,  
 Wednesday, March 31st - Regular 8 am morning Mass.

### HOLY TRIDUUM

Holy Thursday, April 1st - **No morning Mass. Evening Mass of the Lord's Supper @ 7 pm,**  
 Good Friday, April 2nd - No morning Mass. 12 Noon - **The Lord's Passion**  
 • 3 pm - Stations of the Cross • 7 pm - The Lords Passion.

Holy Saturday, April 3rd - 8 pm - Easter Vigil. ~ ~ **NO CONFESSIONS THIS SATURDAY**  
**EASTER SUNDAY, APRIL 4th** - Masses: 7 am, 9 am, and 11 am (In Pastors Plaza), NO 5 PM MASS.




**\*\*\* ATTENTION PLEASE: MASS SCHEDULE UPDATE AS OF JANUARY 2021 \*\*\***

**DAILY MASSES, MONDAY THROUGH SATURDAY @ 8 AM - INDOOR - CHURCH**

♥ **SATURDAY VIGIL MASS 5 PM - INDOOR - CHURCH**

**SUNDAY, 7 AM & 9 AM Mass - INDOOR - CHURCH**

**SUNDAY, 11 AM - OUTDOOR - PASTORS PLAZA AND - 5 PM SUNDAY MASS INDOOR - CHURCH ♥**

**REGISTRATION IS REQUIRED TO ATTEND SATURDAY VIGIL/SUNDAY MASSES**

◆ **IF RAINING OR BAD WEATHER, ALL SERVICES ARE INDOORS** ◆

**SUNDAY, MARCH 21st, 2021**  
**FIFTH SUNDAY OF LENT**

**CONTINUE TO CHECK THE ST. ANASTASIA WEBSITE AND FACEBOOK PAGE TO STAY TUNED WITH UPDATES!**

**PRAYER INTENTIONS**

*FOR YEARS, WE HAVE TRADITIONALLY LISTED THE PRAYER INTENTIONS IN THE BULLETIN. KEEPING WITH THAT TRADITION, WE NOW LIST THOSE INTENTIONS AND PLACE THEM ON THE ALTAR DURING MASS. (THIS IS A TEMPORARY CHANGE. - THANK YOU FOR YOUR UNDERSTANDING)*

**SUNDAY, MARCH 21st**

7 AM - DONNA SARASIN ✚  
 9 AM - ST. ANASTASIA PARISHIONERS  
 11 AM - JESUS' MERCY & MOTHER MARY'S INTERCESSION  
 5 PM - FLORENTINE WOODS ◆

**MONDAY, MARCH 22nd**  
 8 AM - ANN JULIE SHIMEK ✚

**TUESDAY, MARCH 23rd**  
 8 AM - JAVIER ANTUNES ✚

**WEDNESDAY, MARCH 24th**  
 8 AM - BETTE JANE FERRA ✚

**THURSDAY, MARCH 25th**  
 8 AM - KATIA S. ABBAS ★

**FRIDAY, MARCH 26th**  
 8 AM - EVA & DOUG KELLER ◆

**SATURDAY, MARCH 27th**  
 8 AM - ROBERT THOMAS ✚  
 5 PM - MSGR. ROYALE M. VADAKIN ✚


 Birthday ★ Support ◆ Anniversary ♥ Memorial ✚
 

THE CHURCH IS NOW OPEN FOR SERVICES - PLEASE CHECK THE WEBSITE FOR UPDATES

The safety of our parishioners continues to be our top priority at all times.

THE PARISH OFFICE REMAINS CLOSED TO THE PUBLIC

We encourage you to contact us ONLY by phone: 310.670.2243, or email: parish@st-anastasia.org. ♦ Hours: 9 am to 3:30 pm.

## Lenten Penance Service

THIS Thursday, March 25th, @ 7 pm.  
In the Church.

As it has been our tradition, St. Anastasia's offers the opportunity during Advent and Lent, to receive the Sacrament of Reconciliation. First, there is the examination of conscience together as a community, and then the opportunity to make confession and receive penance and absolution one-on-one with a Priest.



During this Lent, and while we are still fighting the havoc of the pandemic, let us take this opportunity to cleanse our souls and prepare to receive the Risen Lord.



**LENT 2021** - The Catholic Community around the world follows these general regulations during Lent.

**ABSTINENCE** - Is a penitential practice consisting of restraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, Good Friday, and the Fridays during Lent are days of abstinence. Pastors and parents are encouraged to see that children who are not bound by the obligation to fast and abstain, are led to appropriate sense of penance.

**FASTING & ABSTINENCE** - In addition to abstinence, fasting is to be observed on Ash Wednesday and Good Friday by all Catholics between the ages of 18-59 years (inclusive). On days of fasting, one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

**NOTE:** If the person is unable to observe above regulations due to ill health or other serious reasons, they are urged to practice forms of self-denial that are suitable to their condition.

✠ THE STATIONS ON THE CROSS TAKES  
PLACE EACH FRIDAY DURING LENT @ 5 PM ✠

## HALLOW A CATHOLIC PRAYER & MEDITATION APP

Welcome to the # 1 Catholic App

Remember to continue using this special app throughout Lent.

**Hallow** is a Catholic prayer and meditation app that helps users deepen their relationship with God through audio-guided contemplative prayer sessions. The app, launched 2 years ago, is already the #1 Catholic app in the world. The app is great for praying alone or together with your spouse/family. Hallow truly has something for everyone, no matter what you are going through. Specifically for Lent, **Hallow** has put together a **"#Pray40 Challenge"** featuring daily Lenten meditations with multiple length options that work for every schedule and experience level. In honor of Pope Francis declaring 2021 as the "Year of St. Joseph," the #Pray40 meditations will focus on growing in the virtues of the patron of the Universal Church, including humility, hiddenness, obedience, chastity, justice, and love of the poor. **Hallow** is free to download and has tons of permanently free content, as well as a premium subscription, Hallow Plus. This Lent, we have partnered with the Hallow team to provide Hallow Plus access to all parishioners for FREE through Easter. No credit card required. To get started, simply log on to <https://hallow.com/stanastasiatala>. Check our Website for more details.



## PRAYING THROUGH LENT

WITH THE SAINTS

Fifth Sunday of Lent

**"In your Image"**

**"My God, in your infinite love,** you created me according to your image and likeness. You gave me a free will. Help me to use your gifts and improve myself so as to become totally your living image—Father, Son, and Holy Spirit— an image of your **infinite qualities and perfections."**

- St. Vincent Pallotti

## Lent is a time for turning

*"Yet, even now, says the Lord, return to me with all your heart, with fasting, with weeping and with mourning."*

— Joel 2:12

**Lent is a season for turning...** PRAYER is the first of the three great disciplines of Lent that facilitates conversion and promotes communion with God and neighbor. The Church urges more regular and intensive prayer during Lent, as a **channel for listening to God's voice while offering praise, thanksgiving, petitions,** and contrition. **FASTING** is the second great discipline of Lent, a vehicle for turning inward in order to purge ourselves of the pursuits that distance us from God or others. Jesus showed us the way, when he prepared for His public ministry by fasting 40 days and 40 nights in the desert. As with Ash Wednesday, the Gospel insists that fasting be a private matter, rather than an occasion for spiritual theatrics. **ALMSGIVING** is the third great discipline of Lent. It turns us outward to attend to the needs of others, especially the poor. We give alms by offering our time, talent, and treasure to serve others most in need.





*Saint Anastasia was born in 281 A.D. and became a perfect symbol of peace, humanity, and solidarity. Her Feast Day is December 25th. She is a symbol of dialogue and collaboration. In her spirit, and in the spirit of love, we welcome all to the Catholic Community of St. Anastasia Catholic Church.*

## Family First...from your DRE

As we get closer to the end of our Lenten season, I want to share with you a very powerful clip. The music in the background is sung in Spanish, with one of my favorite poems, written by St. Teresa of Avila:



**“Let nothing disturb you.  
Let nothing make you afraid.  
All things are passing.  
God alone never changes.  
Patience gains all things.  
If you have God you will want for nothing.  
God alone suffice.”**

<https://youtu.be/mKRLw2zkc8s>

## NEWS FROM YOUR DRE (PCL)

Please contact me for any of the following, with questions or concerns.

### Sacrament Preparation Class Updates:

- ◆ First Holy Communion - Year 1 and Year 2,
- ◆ Confirmation -Year 1 and Year 2,
- ◆ RCIA
- ◆ Family " ZOOMING with Jesus Time (Open to all families with or without children),
- ◆ Baptism Class Parents/Godparents.

Nivita Aldrete-Brito ~ ~

Email: [Nivita007@st-anastasia.org](mailto:Nivita007@st-anastasia.org)

~ ~ Cell/Text: 310-614-7520

## FACTS OF LIFE

Keith Caputo, a Long Island man with Down syndrome, is the founder of a non-profit organization which aims to show that everyone is capable of making a **difference, and he's turning his attention to helping kids with cancer next.** Caputo founded Helping Makes U Happy with his mother, Cassy. The goal is both to help the less fortunate in the community, as well as to inspire others to make a difference. There are numerous programs, like food and coat drives, a summer "feeding families" program, Super Bowl party raffles, candy and costume giveaways at Halloween, and more.

**"Keith has seen the commercials for St. Jude Children's Research Hospital and is always very affected by them,"** Cassy Caputo told Patch.com. **"He knows many people with cancer and several children who've had cancer and he always wants to help them. Children, especially, he believes, should be able to have a fun childhood and to reach for the stars."** Cassy said she and her son read about St. Jude Children's Research Hospital and the facility's phrase, "'Keep Hope', and Keith really liked that," she said.

[www.liveaction.org](http://www.liveaction.org)



## Did You Know?

### Revisit screen time recommendations

Parents everywhere are struggling to be parents, teachers, and friends for their children in the midst of the COVID-19 pandemic. Many are likely and understandably relying on screens to help them through these seemingly endless days. Many children are also online for school, which only increases their screen exposure. The American Pediatric Association warns parents that too much screen time can lead to sleep problems, lower grades, mood and weight problems, and can keep children from learning how to relax and have fun without a screen present. Try to make time for reading, playing games, and other screen-free activities that will help break the cycle **of screen addiction and talk to your children's teachers about how screen time for school can be managed.** For more information, visit [https://www.aacap.org/AACAP/Families\\_and\\_Youth/Facts\\_for\\_Families/FFF-Guide/Children-And-Watching-TV-054.aspx](https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Children-And-Watching-TV-054.aspx)

## CELEBRATING OUR FAITH

~ Next Week ~ Palm Sunday

Saturday, March 27th, and Sunday, March 28th, 2021

MASSES:	CELEBRANTS:
Sat: 5 pm	Fr. Semik
Sun: 7 am	Msgr. Cox
Sun: 9 am	Fr. Semik
Sun: 11 am	Fr. King
Holy Communion @ 12:30 pm	Fr. Innocent
Sun: 5 pm	Fr. Innocent

*We encourage all to read and reflect on the Biblical passages that will be proclaimed at Masses next week!*



Gospel at the Procession with Palms — Jesus' entry into Jerusalem (Mark 11:1-10 or John 12:12-16).

First Reading — In spite of my sufferings I am not disgraced. I am not put to shame (Isaiah 50:4-7).

Psalm — My God, my God, why have you abandoned me? (Psalm 22).

Second Reading — Christ emptied himself, and God filled this emptiness with exaltation (Philippians 2:6-11).

Gospel — The account of Christ's passion according to Mark (Mark 14:1 — 15:47 [15:1-39]).



# MINISTRY EQUIPS US TO DEEPEN OUR LOVE FOR GOD AND SHARE OUR FAITH...



☺ It is not too late to get involved  
♥ Please check ours/theirs Website for details.

**In Lawndale & South Los Angeles**  
Learn more...get involved...pick a location...& sign up for prayer times at:

February 17 - March 28  
**40 DAYS FOR LIFE**

[40daysforlife.com/Lawndale](http://40daysforlife.com/Lawndale)  
Vigil location: Outside Planned Parenthood  
Contact: Teresa Syta, 310-592-4213

[40daysforlife.com/SouthLosAngeles](http://40daysforlife.com/SouthLosAngeles)  
Vigil location: Outside Planned Parenthood  
Local contact: Franne Valle, 323-476-5708,



## Parish Ball

Panther Strong  
Parish Ball at Home  
2021

Save the Date  
April 24th, 2021

Registration is now open - free for all to attend!

<http://bidpal.net/parishball2021>

More details to come.  
Check the School and Parish Websites.

### REMINDERS:

♦ St. Anastasia offers Drive-Through Holy Communion, on Sundays at 12:30 pm.  
\*\*\*\*\*

CONFESSIONS on Saturday, from 3:30 to 4:45 PM  
DIAMOND COURTYARD  
\*\*\*\*\*

Holy Water is available in the Parish Office.

Those Interested, please call before coming, since the office is CLOSED to the Public, @ 310-670-2243. A donation is welcomed!

### LOOKING FOR JESUS, FINDING THE CROSS

In the Gospel reading, friends of Philip come to him and ask about meeting Jesus. When Philip and Andrew take the request to Jesus, he begins a cryptic discourse on discipleship, transformation, and divine judgment. We never hear whether Philip's friends got to personally meet Jesus. Perhaps they simply blended in with the crowd.

Jesus says, "[W]hen I am lifted up from the earth, I will draw everyone to myself." The narrator says that Jesus' words indicate how he will die; the readers already know Jesus will be crucified. Jesus also speaks of divine judgment driving out the world's rulers and of the need to be transformed, like a seed growing into a productive plant. He warns about loving our life and losing it. Unlike Jeremiah's detailed vision, Jesus only hints at what kind of transformed life his death will bring. What if we, like Philip's friends, want to get close to Jesus? Does that mean that the discourse on death and judgment is addressed to us? If Jesus will draw everyone to himself as he is "lifted up," does being closer to him mean joining him on his cross? Do we want to be that close to Jesus? Do we want to be transformed? If we say "yes," the liturgy these next two weeks can show us the only way the Church knows to get closer to Jesus: to be willing to be "lifted up" with him in his suffering—and in our own.



"But the tax collector stood off a distance and prayed, 'O God, be merciful to me a sinner.'"

- Luke 18:13



Sometimes when we sin, our hearts are heavy with regret. Other times, we may not even realize we sinned until later. Bedtime is the perfect time to think back over your day. Did you hurt anyone? Did you disobey? Did you lie, cheat, or steal? Did you take your blessings for granted? Did you wish you had someone else's blessings? If so, tell God you are sorry. Ask God to forgive you and ask for help avoiding those sins tomorrow.



O God,  
be merciful to me,  
a sinner.

## St. Anastasia Home Bible Study

### Does the Bible Really Say That?!

Did a reading you heard at Mass ever leave you baffled?



Join Dr. Brant Pitre each week as he explains difficult passages, relates them to Catholic teaching, and gives cultural context for the Sunday Old and New Testament readings.

On your own schedule, watch his engaging videos and participate in moderated Q&A and discussion with other members of St. Anastasia Bible Study.

Every Sunday like never before you will experience the richness of Sacred Scripture. Yes, it all makes sense.

There is no charge but registration is needed.  
Contact: Carolyn Godlewski at [ScriptureStudyGal@gmail.com](mailto:ScriptureStudyGal@gmail.com)

**St. Anastasia Catholic Church**  
 7390 W. Manchester Avenue  
 Los Angeles, CA 90045  
 310-670-2243 Office  
 310-670-5052 Fax  
 Website: [www.St-Anastasia.org](http://www.St-Anastasia.org)  
 Email: [parish@st-anastasia.org](mailto:parish@st-anastasia.org)



**SACRAMENTAL PREPARATION**  
DRE (PCL):  
 First Holy Communion: Year 1 & Year 2,  
 Confirmation: Year 1 & Year 2,  
 RCIA, Family :ZOOMING with Jesus  
 Time (Open to all families with or without  
 children), Baptism Class Parents/  
 Godparents  
 Nivita Aldrede-Brito:  
 Office: 310.670.2243 Cell/Text: 310.614.7520  
 Email: [Nivita007@st-anastasia.org](mailto:Nivita007@st-anastasia.org)

ANOINTING OF THE SICK: Sacrament for the Sick  
 is celebrated upon request of the family. Call the  
 Parish Office 310-670-2243.

BAPTISM: Parents and Godparents are required to  
 participate in preparation program. Call the Parish  
 Office 310-670-2243.

MARRIAGE: Engaged couples must contact the  
 Office no later than 6 months before their proposed  
 wedding date. Call the Parish Office 310-670-2243

R.C.I.A.: (Rite of Christian Initiation of Adults) -  
 Becoming Catholics - Call the Parish Office  
 310-670-2243.

FUNERALS: Call the Parish Office: 310-670-2243.

**LITURGICAL MINISTRIES**  
 Ministry of the Eucharist  
 Linda Schmidt.....397-5691  
 To the Home Bound.....670-2243  
 Ministry of the Word  
 Carl Pentis.....649-4238  
 Antoinette Luxford.....338-1140  
 Ministry of Music  
 Angelica Roque.....670-2243  
 MusicMinistry@st-anastasia.org  
 To Volunteer as an Usher  
 Parish Office.....670-2243  
 Courtyard Hospitality  
 Sr. Teresita.....216-2001  
 Altar Care  
 Rose De Leonardis.....645-7175  
 Altar Server Committee:  
 Herb Masi .....641-2819  
 M. R.....670-2243

**Pastoral Team**

Pastor: Fr. Leszek J. Semik  
 Priest in Residence:  
 Msgr. Gregory A. Cox  
 Fr. Innocent Nzewuji  
 Pastor Emeritus:  
 Rev. Thomas F. King  
 Business Manager:  
 Fred Balsz  
 Parish Office Manager/  
 Bulletin Editor  
 Aleida Rodriguez  
 Parish Office Assistants:  
 Nora Jayne Mallen  
 Theresa Relly  
 Director of Religious Education:  
 Nivita Brito  
 Director of Music Ministry:  
 Angelica Roque  
 Confirmation Coordinator:  
 Nivita Brito  
 School Principal:  
 Angelica Izquierdo  
 School Office Manager:  
 Louise Lance  
 School Office Assistant:  
 Linda Schmidt  
 School Bookkeeper:  
 Pauline Diaz  
 Campus Safety:  
 Ken Lance  
 Maintenance:  
 Erik Melchor  
 Consultative School Board:  
 Todd Dombrowski  
 PTO-Parent Teacher Organization:  
 President: Vickie Farmer  
 ADESTE (After School Program)  
 Ofelia Jimenez



**PARISH ORGANIZATIONS**  
 Parish Finance Council  
 David Mora 670-2243  
 Pastor Pastoral Council  
 Christopher Kaczor 670-2243  
 Site Committee  
 Stefan Politz 337-9534  
**Men's Club**  
 Chris Turkmany 200-8021  
 Knights of Columbus 821-2324  
 Arts and Education  
 Andy Kozlowski 670-3152

**St. Anastasia Catholic School**  
 8631 S. Stanmoor Drive  
 Los Angeles, CA 90045  
 310-645-8816 Office  
 Website: [school.St-Anastasia.org](http://school.St-Anastasia.org)  
 Email: [school@st-anastasia.org](mailto:school@st-anastasia.org)

**PARISH LIFE MINISTRIES**

Funeral Arrangements.....670-2243  
 Companions on the Journey  
 Sue McLaughlin & Lidia Vinci...670-2243  
 Young Adult Ministry  
 Nancy Albin.....927-8891  
 Prayer Group  
 Lori Mountain.....502-9105  
 Rosary Ministry  
 Rose De Leonardis.....645-7175  
 Ben Oakley.....670-2771  
 Respect Life  
 Teresa Syta.....670-0285  
 Safe Guard the Children  
 Lisa Scaltrito.....670-2243  
 Ann Abraham.....670-2243  
 St. Joseph Center  
 Jayne Cram.....645-1140  
 Homeless Weekend Program/  
**St. Robert's Center**  
 Bob & Lori Caldwell.....823-7417  
**St. Margaret's Center**  
 Mary Agnes Erlandson.....672-2208  
 Catholic Charities  
 Cindy Begazo.....306-9390  
 Bundles for Babies and Diaper Drive  
 Teresa Syta.....670-0285  
 Nurses Ministry  
 Linda S. Absher.....645-6136  
 Angie Tolentino.....351-6137  
 Ministry for Married Couples  
 Jon & Suzette Sornborger.....670-2243  
**Men's Spirituality**  
 Joe Berberich.....745-7009  
 Shad Meshad.....568-1065  
**Men's Morning Hour** .....670-2243  
 MOMS Ministry  
 Kim Chavira.....949-370-1455  
 Maria Reilly.....382-7971  
 Bible Study  
 Carolyn Godlewski.....670-2243  
 Email: [ScriptureStudyGal@gmail.com](mailto:ScriptureStudyGal@gmail.com)  
 Social Ministry  
 Laurette Bibeau.....670-2488  
 Family Visitation Ministry  
 Sr. Teresita.....216-2001

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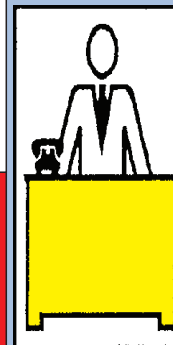

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