4th Sunday in Ordinary Time January 31, 2021

FATTH @ HOME

4th Sunday in Ordinary Time

First Reading: Deuteronomy 18:15-20

Responsorial Psalm: Psalm 95

Second Reading: 1 Corinthians 7:32-35

Gospel: Mark 1:21-28

Full readings can be found here!

1. HEAR

Grab your bible and look up the reading. Don't have one? No worries you can find the reading here.

Families with children: <u>Proclamation of Gospel Videos</u> for children (4th Sunday in Ordinary Time Cycle B).

For Adults: (4th Sunday in Ordinary Time, Cycle B)

2. PRAY

We hear from the Gospel that Jesus heals the person with an unclean spirit.

Think of things in your life that make you worry or feel afraid.

Ask Jesus to enter into your heart and remove the worry and fear out of your life. Name the worry and fear to Him and remember Jesus' power to heal and set us free.

Pray with your family or friend the Litany for Healing.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

A Litany for Healing (longer version here)

Lord, have mercy
Christ, have mercy
Christ, have mercy
Christ, have mercy

Protect all children, Lord With your enduring love

For all ministers of the Grant them a love of Church, called to live the Gospel Christian virtues, O Lord!

To doctors and therapists,

Lord

To houses of healing and

renewal, Lord

Holy Mary, Mother of God

Christ, have mercy Lord, have mercy Grant compassion and

skil

Grant wisdom and

dedication

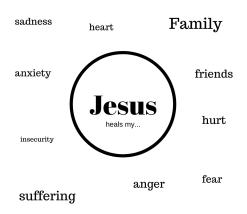
Pray for us!

Christ, have mercy Lord, have mercy

3. TALK

In your household or with friends:

In a piece of paper write at the center "Jesus." Around his name, write down ways or times where he has healed you in moments of fear. Share with each other.





Archdiocese of Los Angeles

Office of Religious Education