

ΑΠΟΣΤΟΛΟΝ ΚΑΝΟΝ

Jesus said,  
"Let us go on to the nearby villages  
that I may preach there also.  
For this purpose have I come!"

MARK 1:38

*FIFTH Sunday*  
*in* **ORDINARY TIME**

*February 7, 2021*

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**ST. ANASTASIA CATHOLIC CHURCH**

7390 WEST MANCHESTER AVE. LOS ANGELES, CA 90045

310.670.2243 ◆ ST-ANASTASIA.ORG



**THE PARISH OFFICE IS still CLOSED UNTIL FURTHER NOTICE.**  
**CONTACT ONLY BY PHONE 310-670-2243, OR EMAIL: PARISH@ST-ANASTASIA.ORG**  
**HOURS OF OPERATION: 9 AM TO 3:30 PM // WE ARE HERE TO SERVE AND HELP!!**



**FIFTH SUNDAY IN ORDINARY TIME ~ ~ THE GOOD NEWS ~ ~** Today's readings begin with a few verses from the book of Job. First, Job complains that his nights drag on endlessly. Then, worse yet, "My days are swifter than a weaver's shuttle; / they come to an end without hope" (Job 7:6). Not exactly encouraging, these lamentations, not when taken alone. Most of us have been there, though, and the antidote is the "good news" that Paul found so compelling that "an obligation has been imposed on me, and woe to me if I do not preach it!" (1 Corinthians 9:16). Paul felt driven to announce the gospel to as many people as possible, "to save at least some" (9:22). This good news is the mystery of the life, death, and resurrection of Jesus Christ, who lifted Simon Peter's mother-in-law from her sickbed with a mere touch of his hand. "The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons" (Mark 1:33-34)). Our woes and demons are as real as Job's, and Jesus is our savior.

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**15 CATHOLIC NEW YEAR'S RESOLUTIONS! (Cont.)**

**Give.** If you're not tithing, resolve to up your giving to 10%. If you already are, maybe try for 11%, or even 15%. It may be more important for you to give your time than your money. Pray about a measurable goal for giving more, then do it.

**Forgive.** Forgiveness is a choice, not a feeling. Make a resolution to forgive somebody for whom you've been harboring resentment, then do something tangible like offering every Friday Mass for them or placing a picture of them before an image of the Blessed Mother or just daily praying, "Father, I forgive *N.* Please give me the grace to forgive him/her." For most of us, a year of such actions will move the forgiveness from our will to our hearts. For the rest, it's still a good start.

New Year's resolutions are notoriously hard to keep, but we belong to a Church that continually gives us a second chance. So make these resolutions, but set yourself a reminder for February 16th (just before Ash Wednesday) to check in on how these resolutions are going and try to start afresh for Lent. Then do the same thing for Easter, for Ordinary Time, and again for Advent. By the end of *the year*, maybe you will have made a real change!

We've only scratched the surface here, friends. What other suggestions do you have for Catholic resolutions?

Taken from: Meg Blog — December 30, 2017 — Random - New Year's, Resolutions

★THE END!

\*\*\* **ATTENTION PLEASE:** MASS SCHEDULE UPDATE BEGINNING JANUARY 2021 \*\*\*



DAILY MASSES, MONDAY THROUGH SATURDAY @ 8 AM - INDOOR - CHURCH

♥ SATURDAY VIGIL MASS 5 PM - INDOOR - CHURCH

SUNDAY, 7 AM MASS - INDOOR - CHURCH

SUNDAY, 9 AM & 11 AM - OUTDOOR - PASTORS PLAZA AND - 5 PM SUNDAY MASS INDOOR - CHURCH ♥

REGISTRATION IS REQUIRED TO ATTEND SATURDAY VIGIL/SUNDAY MASSES

◆ IF RAINING OR BAD WEATHER, ALL SERVICES ARE INDOORS ◆



**SUNDAY, FEBRUARY 7TH, 2021**  
**FIFTH SUNDAY IN ORDINARY TIME**

CONTINUE TO CHECK THE ST. ANASTASIA WEBSITE AND FACEBOOK PAGE TO STAY TUNED WITH UPDATES!

**PRAYER INTENTIONS**

FOR YEARS, WE HAVE TRADITIONALLY LISTED THE PRAYER INTENTIONS IN THE BULLETIN. KEEPING WITH THAT TRADITION, WE NOW LIST THOSE INTENTIONS AND PLACE THEM ON THE ALTAR DURING MASS. (THIS IS A TEMPORARY CHANGE. - THANK YOU FOR YOUR UNDERSTANDING)

**SUNDAY, FEBRUARY 7TH**

- 7 AM - AARON & DIANA COLES FAMILY ◆
- 9 AM - MSGR. GABRIEL GONZALES  
"FR. GABE" †
- 11 AM - AMIE STODDER ★
- 5 PM - ST. ANASTASIA PARISHIONERS

**MONDAY, FEBRUARY 8TH**

8 AM - KATHY COLBURN †

**TUESDAY, FEBRUARY 9TH**

8 AM - SUSETTE ABBAS ★

**WEDNESDAY, FEBRUARY 10TH**

8 AM - ADALBERTO GONZALEZ, Sr. †

**THURSDAY, FEBRUARY 11TH**

8 AM - DON T. ◆

**FRIDAY, FEBRUARY 12TH**

8 AM - GINA CARUSO JONES ★

**SATURDAY, FEBRUARY 13TH**

8 AM - STEPHANIE WOODWORTH ★

5 PM - BARBARA HUDOBA †

Birthday ★ Support ◆ Anniversary ♥ Memorial †

THE CHURCH IS NOW OPEN FOR SERVICES - PLEASE CHECK THE WEBSITE FOR UPDATES

The safety of our parishioners continues to be our top priority at all times.

THE PARISH OFFICE IS STILL CLOSED TO THE PUBLIC

We encourage you to contact us **ONLY** by phone: 310.670.2243, or email: parish@st-anastasia.org. ♦ Hours: 9 am to 3:30 pm.

## LENT ♦ 2021 ASH WEDNESDAY, FEBRUARY 17th, 2021

Distribution of Ashes During the Coronavirus Pandemic (January 15, 2021)

As we enter the holy season of Lent beginning on Ash Wednesday, the question of how ashes will be distributed to the faithful is being addressed by the Congregation for Divine Worship and Discipline of the Sacraments. In a Note (Prot. N. 17/21) issued on January 12, 2021, the Congregation writes:

The Priest says the prayer for blessing the ashes. He sprinkles the ashes with holy water, without saying anything. Then he addresses all those present and only once says the formula as it appears in the Roman Missal, applying it to all in general:

*"Repent, and believe in the Gospel", or  
"Remember that you are dust, and to dust you shall return".*

The Priest then cleanses his hands, puts on a facemask, and distributes the ashes to those who come to him or, if appropriate, he goes to those who are standing in their places.

The Priest takes the ashes and sprinkles them on [top of] the head of each one without saying anything.

Please note that parishes must continue to observe all necessary Liturgical Protocols for the celebration of the Sacraments



**Share with your family a 3-minute mini-retreat...**

<https://www.loyolapress.com/retreats/marked-with-salvation/>

### Family First...from your DRE



### NEWS FROM YOUR DRE (PCL)

Please contact me for any of the following, with questions or concerns.

Sacrament Preparation Class Updates:

- ♦ First Holy Communion - Year 1 and Year 2,
- ♦ Confirmation -Year 1 and Year 2,
- ♦ RCIA
- ♦ Family " ZOOMING with Jesus Time (Open to all families with or without children),
- ♦ Baptism Class Parents/Godparents.

Nivita Aldrete-Brito ~ ~

Email: [Nivita007@st-anastasia.org](mailto:Nivita007@st-anastasia.org)

~ ~ Cell/Text: 310-614-7520



*Saint Anastasia was born in 281 A.D. and became a perfect symbol of peace, humanity, and solidarity. Her Feast Day is December 25th. She is a symbol of dialogue and collaboration. In her spirit, and in the spirit of love, we welcome all to the Catholic Community of St. Anastasia Catholic Church.*

## Creating Pure Hearts in the Home

### A Lenten Preparation Checklist for Families

#### A. Go to the Source

Bring your family together to share a Scripture account of Jesus in the desert. If possible, gather to read and discuss before Lent begins on Ash Wednesday. The accounts of Jesus in the desert set the stage for Lent (for example, Matthew 4, recounts the story of Jesus being led by the Spirit into the desert, where he fasted for forty days and forty nights.)

**Depending on the age of your child, read together from a children's or youth Bible. After reading together, help your child to understand that Jesus took time to fast and pray, so he would be more ready for his work in the world. Explain that we are also called to pray and to fast so that we may be more ready for what God is calling us to do.**

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Will continue...

Sadlier Religion

### FACTS OF LIFE

**When battered by life's storms, or immersed in a dense fog of suffering and uncertainty, we may feel alone and unequipped to handle the circumstances. Yet, with words that echo through thousands of years into the corners of our hearts, the Lord says to us, "Do not fear: I am with you" (Isaiah 41:10).**

Reflecting on the healed wounds of the Risen Christ, we see that even our most difficult trials can be the place where God manifests his victory. He makes all things beautiful. He makes all things new.

He is *always* with us. Jesus promised this when he gave the disciples the same mission he gives to each of us: Go.

*Go be my hands and feet to a world enslaved by fear. Go to the woman who is unexpectedly pregnant and fears the future. Go to your friend who fears reprisal at work because he takes a stand for the protection of human life. Go to your aging parent in failing health who fears being a burden. And go to others, too, for their support.*

**Walk with each other. Do not be afraid to embrace God's gift of life. Whatever storms or trials we face, we are not alone. He is with us.**

[www.respectlife.org](http://www.respectlife.org)

### Did You Know?

#### Teaching children about home security

Teaching children about home security and safety tips is critical, but can be daunting for parents. Who wants to scare their child with thoughts of fire, break-ins, or other dangers? Remember to keep instructions simple and age-appropriate, with empowering roles for children in managing their own safety at home. A great place to start is by teaching your children how to dial 9-1-1. Be sure to show younger children how to access the security screen on a cell phone that allows them to call 911 without unlocking the phone. For more home security tips, request **a copy of the article "Teaching Your Children Some Valuable Home Security Lessons" at**

<https://lacatholics.org/did-you-know/>.

### CELEBRATING OUR FAITH

~ Next Week ~

Saturday, February 13th, and Sunday, February 14th, 2021

#### MASSSES:

Sat: 5 pm  
Sun: 7 am  
Sun: 9 am  
Sun: 11 am  
Holy Communion @ 12:30 pm  
Sun: 5 pm

#### CELEBRANTS:

Fr. Semik  
Msgr. Cox  
Fr. Semik  
Fr. King  
Fr. Innocent  
Fr. Innocent

*We encourage all to read and reflect on the Biblical passages that will be proclaimed at Masses next week!*



First Reading — The leper will dwell apart, making an abode outside the camp (Leviticus 13:1-2, 44-46).

Psalms — I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation (Psalm 32).

Second Reading — Do everything for the glory of God; be imitators of Christ (1 Corinthians 10:31 — 11:1).

Gospel — The leprosy left him immediately, and he was made clean (Mark 1:40-45).



# MINISTRY EQUIPS US TO DEEPEN OUR LOVE FOR GOD AND SHARE OUR FAITH...



St. Anastasia offers Drive-Through Holy Communion, on Sundays at 12:30 pm.

\*\*\*\*\*  
CONFESIONS on Saturday, from 3:30 to 4:45 PM  
DIAMOND COURTYARD



Holy Water is available in the Parish Office.  
Those interested, please call before coming, since the office is CLOSED to the Public @ 310-670-2243.  
A donation is welcomed!



February 17 - March 28  
**40 DAYS FOR LIFE**

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion! Through prayer and fasting, peaceful vigils, and community outreach, 40 Days for Life has inspired 1,000,000 volunteers!

**With God's help,** here are the proven results in 26 coordinated campaigns:  
18,000 babies saved from abortion  
211 abortion workers converted  
107 abortion centers closed

COME TO OUR KICKOFF EVENT, SUNDAY, FEBRUARY 21 at 2pm  
Outside 14623 Hawthorne Blvd

**In Lawndale & South Los Angeles**  
Learn more...get involved...pick a location...& sign up for prayer times at:

[40daysforlife.com/Lawndale](http://40daysforlife.com/Lawndale)

Vigil location: Outside Planned Parenthood  
14623 Hawthorne Blvd, Lawndale 90260

Vigil hours: 7 am to 7 pm daily  
Contact: Teressa Syta, 310-592-4213,  
40Days4LifeLawndale@gmail.com

[40daysforlife.com/SouthLosAngeles](http://40daysforlife.com/SouthLosAngeles)

Vigil location: Outside Planned Parenthood  
8520 S Broadway, Los Angeles 90003

Vigil hours: 8 am to 7 pm daily  
Local contact: Franne Valle, 323-476-5708,  
southla5760@gmail.com



*"You hide them in the shelter of your presence..." - Psalm 31:21*

*You have learned a lot over the past year. You have learned ways*



to keep germs from spreading too much. You have learned how to wash your hands and how to stay a safe distance from others in a crowd. But one thing I really hope you have learned is that even though you and I might have to keep our distance from each other sometimes, Jesus, the Son of God, never has to practice social distancing. Jesus has promised to always be with us. Even when you feel alone and lonely, Jesus is with you.



Thank You, Jesus  
for being with  
me always.

## St. Anastasia Home Bible Study

### Does the Bible Really Say That?!

**Did a reading you heard at Mass ever leave you baffled?**

Join Dr. Brant Pitre each week as he explains difficult passages, relates them to Catholic teaching, and gives cultural context for the Sunday Old and New Testament readings.

On your own schedule, watch his engaging videos and participate in moderated Q&A and discussion with other members of St. Anastasia Bible Study.

Every Sunday like never before you will experience the richness of Sacred Scripture. Yes, it all makes sense.



There is no charge but registration is needed.  
Contact: Carolyn Godlewski at [ScriptureStudyGal@gmail.com](mailto:ScriptureStudyGal@gmail.com)

**St. Anastasia Catholic Church**

**7390 W. Manchester Avenue  
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310-670-2243 Office  
310-670-5052 Fax  
Website: [www.St-Anastasia.org](http://www.St-Anastasia.org)  
Email: [parish@st-anastasia.org](mailto:parish@st-anastasia.org)**



SACRAMENTAL PREPARATION

DRE (PCL):  
First Holy Communion: Year 1 & Year 2,  
Confirmation: Year 1 & Year 2,  
**RCIA, Family : "ZOOMING with Jesus**  
Time (Open to all families with or without children,  
Baptism Class Parents/Godparents  
Nivita Aldrede-Brito:  
Office: 310.670.2243 Cell/Text: 310.614.7520  
Email: [Nivita007@st-anastasia.org](mailto:Nivita007@st-anastasia.org)

ANOIDTING OF THE SICK: Sacrament for the Sick is celebrated upon request of the family. Call the Parish Office 310-670-2243.

BAPTISM: Parents and Godparents are required to participate in preparation program. Call the Parish Office 310-670-2243.

MARRIAGE: Engaged couples must contact the Office no later than 6 months before their proposed wedding date. Call the Parish Office 310-670-2243.

R.C.I.A.: (Rite of Christian Initiation of Adults) - *Becoming Catholics* - Call the Parish Office 310-670-2243.

FUNERALS: Call the Parish Office: 310-670-2243.

LITURGICAL MINISTRIES

Ministry of the Eucharist  
Linda Schmidt.....397-5691  
To the Home Bound.....670-2243  
Ministry of the Word  
Carl Pentis.....649-4238  
Antoinette Luxford.....338-1140  
Ministry of Music  
Angelica Roque.....670-2243  
MusicMinistry@st-anastasia.org  
To Volunteer as an Usher  
Parish Office.....670-2243  
Courtyard Hospitality  
Sr. Teresita.....216-2001  
Altar Care  
Rose De Leonardis.....645-7175  
Altar Server Committee:  
Herb Masi .....641-2819  
M. R.....670-2243

Pastoral Team

Pastor: Fr. Leszek J. Semik  
Priest in Residence:  
Msgr. Gregory A. Cox  
Fr. Innocent Nzewuji  
Pastor Emeritus:  
Rev. Thomas F. King  
Business Manager:  
Fred Balsz  
Parish Office Manager/  
Bulletin Editor  
Aleida Rodriguez  
Parish Office Assistants:  
Nora Jayne Mallen  
Theresa Reilly  
Director of Religious Education:  
Nivita Brito  
Director of Music Ministry:  
Angelica Roque  
Confirmation Coordinator:  
Nivita Brito  
School Principal:  
Angelica Izquierdo  
School Office Manager:  
Louise Lance  
School Office Assistant:  
Linda Schmidt  
School Bookkeeper:  
Pauline Diaz  
Campus Safety:  
Ken Lance  
Maintenance:  
Erik Melchor  
Consultative School Board:  
Todd Dombrowski  
PTO-Parent Teacher Organization:  
President: Vickie Farmer  
ADESTE (After School Program)  
Ofelia Jimenez



PARISH ORGANIZATIONS

Parish Finance Council  
Herb Klein 670-2243  
Pastor Pastoral Council  
Christopher Kaczor 670-2243  
Site Committee  
Stefan Politz 337-9534  
**Men's Club**  
Chris Turkmany 200-8021  
Knights of Columbus 821-2324  
Arts and Education  
Andy Kozlowski 670-3152

**St. Anastasia Catholic School**

**8631 S. Stanmoor Drive  
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Email: [school@st-anastasia.org](mailto:school@st-anastasia.org)**

PARISH LIFE MINISTRIES

Funeral Arrangements.....670-2243  
Young Adult Ministry  
Nancy Albin.....927-8891  
Prayer Group  
Lori Mountain.....502-9105  
Rosary Ministry  
Rose De Leonardis.....645-7175  
Ben Oakley.....670-2771  
Respect Life  
Teresa Syta.....670-0285  
Safe Guard the Children  
Lisa Scaltrito.....670-2243  
Ann Abraham.....670-2243  
St. Joseph Center  
Jayne Cram.....645-1140  
Homeless Weekend Program/  
**St. Robert's Center**  
Bob & Lori Caldwell.....823-7417  
**St. Margaret's Center**  
Mary Agnes Erlandson.....672-2208  
Catholic Charities  
Cindy Begazo.....306-9390  
Bundles for Babies and Diaper Drive  
Teresa Syta.....670-0285  
Nurses Ministry  
Linda S. Absher.....645-6136  
Angie Tolentino.....351-6137  
Ministry for Married Couples  
Jon & Suzette Sornborger.....670-2243  
**Men's Spirituality**  
Joe Berberich.....745-7009  
Shad Meshad.....568-1065  
**Men's Morning Hour** .....670-2243  
MOMS Ministry  
Kim Chavira.....949-370-1455  
Maria Reilly.....382-7971  
Bible Study  
Carolyn Godlewski.....670-2243  
Email: [ScriptureStudyGal@gmail.com](mailto:ScriptureStudyGal@gmail.com)  
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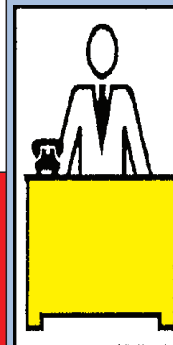
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