



FEBRUARY 21, 2021

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FIRST SUNDAY OF LENT

*Jesus came to Galilee proclaiming the gospel of God:
"This is the time of fulfillment. The kingdom of God is at hand.
Repent, and believe in the gospel."*

Mark 1:14-15

ST. ANASTASIA CATHOLIC CHURCH
7390 WEST MANCHESTER AVE. LOS ANGELES, CA 90045
310.670.2243 ◆ ST-ANASTASIA.ORG



THE PARISH OFFICE IS still CLOSED UNTIL FURTHER NOTICE.
CONTACT ONLY BY PHONE 310-670-2243, OR EMAIL: PARISH@ST-ANASTASIA.ORG
HOURS OF OPERATION: 9 AM TO 3:30 PM // WE ARE HERE TO SERVE AND HELP!!



FIRST SUNDAY OF LENT ~ ~ REPENT AND BELIEVE IN THE GOSPEL ~ ~ Lent is the time of year we devote to scrutinizing our lives in the light of our baptism into the death and resurrection of Jesus. Today's readings are a nice shorthand catechism of what our baptized lives mean. As Noah passed through the waters of the flood to a covenant with God, so did we enter into a covenant, a promised relationship with God through our baptism. Peter's letter gives an explicit explanation of what our baptism means: it is an appeal we make to God for a clear conscience. How do we obtain this clear conscience? The words proclaimed by Jesus immediately following his temptation show us the way: "Repent, and believe in the gospel" (Mark 1:15). It might be a good spiritual exercise to keep these readings before us throughout the entire season of Lent, a means to help us return to a life lived by our baptismal promises.

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HALLOW
A CATHOLIC PRAYER & MEDITATION APP
 Welcome to the # 1 Catholic App



We are excited to share with you a gift from the parish that will hopefully be useful in your prayer lives and those of your families this Lent.

Hallow is a Catholic prayer and meditation app that helps users deepen their relationship with God through audio-guided contemplative prayer sessions. The app launched 2 years ago and is already the #1 Catholic app in the world.

The app is great for praying alone or together with your spouse/family, Hallow truly has something for everyone, no matter what you are going through.

Specifically for Lent, **Hallow** has put together a **"#Pray40 Challenge"** featuring daily Lenten meditations with multiple length options that work for every schedule and experience level.

In honor of Pope Francis declaring 2021 as the "Year of St. Joseph," the #Pray40 meditations will focus on growing in the virtues of the patron of the Universal Church, including humility, hiddenness, obedience, chastity, justice, and love of the poor.

Hallow is free to download and has tons of permanently free content, as well as a premium subscription, Hallow Plus. This Lent, we have partnered with the Hallow team to provide Hallow Plus access to all parishioners for FREE through Easter. No credit card required.

To get started, simply log on to <https://hallow.com/stanastasiata>. Check our Website for more details.

***** ATTENTION PLEASE: MASS SCHEDULE UPDATE BEGINNING JANUARY 2021 *****

DAILY MASSES, MONDAY THROUGH SATURDAY @ 8 AM - INDOOR - CHURCH

♥ SATURDAY VIGIL MASS 5 PM - INDOOR - CHURCH

SUNDAY, 7 AM & 9 AM Mass - INDOOR - CHURCH

SUNDAY, 11 AM - OUTDOOR - PASTORS PLAZA AND - 5 PM SUNDAY MASS INDOOR - CHURCH ♥

REGISTRATION IS REQUIRED TO ATTEND SATURDAY VIGIL/SUNDAY MASSES

♦ IF RAINING OR BAD WEATHER, ALL SERVICES ARE INDOORS ♦

SUNDAY, FEBRUARY 21st, 2021
FIRST SUNDAY OF LENT

CONTINUE TO CHECK THE ST. ANASTASIA WEBSITE AND FACEBOOK PAGE TO STAY TUNED WITH UPDATES!

PRAYER INTENTIONS

FOR YEARS, WE HAVE TRADITIONALLY LISTED THE PRAYER INTENTIONS IN THE BULLETIN. KEEPING WITH THAT TRADITION, WE NOW LIST THOSE INTENTIONS AND PLACE THEM ON THE ALTAR DURING MASS. (THIS IS A TEMPORARY CHANGE. - THANK YOU FOR YOUR UNDERSTANDING)

SUNDAY, FEBRUARY 21st

7 AM - WARREN THOMPSON ✚

9 AM - JEANNINE REID ✚

11 AM - ELYSSA BOYCE ★

5 PM - NORM NEWBERRY ✚

MONDAY, FEBRUARY 22nd
 8 AM - CHRIS WYATT ✚

TUESDAY, FEBRUARY 23rd
 8 AM - STEPHEN P. COLES ♦

WEDNESDAY, FEBRUARY 24th
 8 AM - PACO OTAÑO ✚

THURSDAY, FEBRUARY 25th
 8 AM - SYLVIA MENELEY ✚

FRIDAY, FEBRUARY 26th
 8 AM - FR. JOHN SEYMOUR, S.T. ✚

SATURDAY, FEBRUARY 27th
 8 AM - CRAIG EGGERS ✚

5 PM - JOHN PATRICK BALK ✚

THE CHURCH IS NOW OPEN FOR SERVICES - PLEASE CHECK THE WEBSITE FOR UPDATES

The safety of our parishioners continues to be our top priority at all times.

THE PARISH OFFICE IS STILL CLOSED TO THE PUBLIC

We encourage you to contact us **ONLY** by phone: 310.670.2243, or email: parish@st-anastasia.org. ♦ Hours: 9 am to 3:30 pm.

LENT 2021 - The Catholic Community around the world follows these general regulations during Lent.

ABSTINENCE - Is a penitential practice consisting of restraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, Good Friday, and the Fridays during Lent are days of abstinence. Pastors and parents are encouraged to see that children who are not bound by the obligation to fast and abstain are let to appropriate an authentic sense of penance.

FASTING & ABSTINENCE - In addition to abstinence, fasting is to be observed on Ash Wednesday and Good Friday by all Catholics between the ages of 18-59 years (inclusive). On days of fasting, one full meal is allowed. Two smaller meals, sufficient to **maintain strength, may be taken according to one's needs, but together they should not equal another full meal.** Eating between meals is not permitted, but liquids are allowed. **NOTE:** If the person is unable to observe above regulations due to ill health or other serious reasons, they are urged to practice forms of self-denial that are suitable to their condition.



Creating Pure Hearts in the Home

A Lenten Preparation Checklist for Families

C. Create a Lenten Table Scape

In the same way that decorating for Christmas and Easter helps us to **remember what we're celebrating, adding items to our home that remind us of our Lenten journey helps us focus on what Lent is about.** Consider keeping a vase filled with sand to **remind your family of Jesus' time in the desert.** **Palm branches on display recall Jesus' joyful entry into Jerusalem before his Death.** Use deep purples and violets to reflect the Lenten colors used in your Church and worship. The family table and your prayer space are places that you can incorporate these symbols and reminders of Lent. Involve your child(ren) in preparing and decorating these spaces.

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Sadlier Religion

Courtesy of
St. Anastasia DRE

Will continue...



Share with your family a 3-minute mini-retreat... <https://www.loyolapress.com/retreats/marked-with-salvation/>

ST. VINCENT DE PAUL BUNDLE SUNDAY

TODAY, Sunday, February 21st, 2021 is Bundle Sunday for our Parish.

The St. Vincent de Paul Bundle Sunday truck is here today in the Parish parking lot from 8 am - 2 pm. We need your support! Remember to bring any *useable* items that will help the needy. For large items including furniture, appliances, and vehicles, please phone (323) 224-6280 or (800) 974-3571 for home pickups.



“Blessed is anyone who endures temptation. Such a one has stood the test and will receive the crown of life that the Lord has promised to those who love Him.”

- James 1:12



Saint Anastasia was born in 281 A.D. and became a perfect symbol of peace, humanity, and solidarity. Her Feast Day is December 25th. She is a symbol of dialogue and collaboration. In her spirit, and in the spirit of love, we welcome all to the Catholic Community of St. Anastasia Catholic Church.

Family First...from your DRE

Today as we gather with our family on this first Sunday of Lent, let us all pray for one another to let Jesus into our hearts. Think about this silently in your heart. In what ways can we deepen our commitment to God during this time of preparation? In our darkest moments, when we are alone and most in need of God, he appears to us. Pray to your Guardian Angel to minister in your life throughout your day...Repent and Believe in the Gospel!



FACTS OF LIFE

Daniel and Our Lady of the Kidneys

13-year-old Daniel Neves is seriously ill and waiting for a kidney transplant. To offset the high treatment costs, he thought of an inspiring and exciting idea: **painting religious pictures. He even created a new "title" for Our Lady!** However, the sale of paintings is not enough to pay for the entire treatment, so he created a virtual fundraiser. The fundraising website explains that "due to suffering from serious health problems, little Daniel Neves, 13 years old, practically lives inside a hospital. So his hospitalized time passes more quickly, he started painting beautiful canvases that today are sold for a symbolic price to pay for his treatment."

And he tells an emotional fact: "Many of the paintings he paints are images of Catholic saints. Daniel even created the image of "Our Lady of the Kidneys." He

NEWS FROM YOUR DRE (PCL)

Please contact me for any of the following, with questions or concerns.

Sacrament Preparation Class Updates:

- ◆ First Holy Communion - Year 1 and Year 2,
- ◆ Confirmation -Year 1 and Year 2,
- ◆ RCIA
- ◆ Family " ZOOMING with Jesus Time (Open to all families with or without children),
- ◆ Baptism Class Parents/Godparents.

Nivita Aldrete-Brito ~ ~

Email: Nivita007@st-anastasia.org

~ ~ Cell/Text: 310-614-7520

Did You Know?

Identifying risky behaviors online

As virtual learning continues, children are spending most of their days online. With their own jobs and responsibilities, parents likely cannot stand behind them and supervise their every move. So, it is more **important than ever to assess your child's online activities periodically.** Make sure you know which sites they are visiting, and who they are talking to on social media sites. Discuss risky behaviors with your children, like posting personal information (full name, age, location, school information, and more) using inappropriate language, or accessing sites with questionable content. For more information, get a **copy of the VIRTUS article "Risky Online Behaviors and Young People" from <https://lacatholics.org/did-you-know/>.**

CELEBRATING OUR FAITH

~ Next Week ~ Second Sunday of Lent

Saturday, February 27th, and Sunday, February 28th, 2021

MASSES:	CELEBRANTS:
Sat: 5 pm	Fr. Semik
Sun: 7 am	Msgr. Cox
Sun: 9 am	Fr. King
Sun: 11 am	Fr. Semik
Holy Communion @ 12:30 pm	Fr. Innocent
Sun: 5 pm	Fr. Innocent

We encourage all to read and reflect on the Biblical passages that will be proclaimed at Masses next week!



First Reading — The sacrifice of Abraham, our father in faith (Genesis 22:1-2, 9a, 10-13, 15-18).

Psalm — I will walk before the Lord, in the land of the living (Psalm 116).

Second Reading — If God is for us, who can be against us? (Romans 8:31b-34).

Gospel — Jesus was transfigured before them, and his clothes became dazzling white (Mark 9:2-10).



MINISTRY EQUIPS US TO DEEPEN OUR LOVE FOR GOD AND SHARE OUR FAITH...



St. Anastasia offers Drive-Through Holy Communion, on Sundays at 12:30 pm.

CONFESSIONS on Saturday, from 3:30 to 4:45 PM
DIAMOND COURTYARD



Holy Water is available in the Parish Office.
Those interested, please call before coming, since the office is CLOSED to the Public @ 310-670-2243.
A donation is welcomed!



You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion! Through prayer and fasting, peaceful vigils, and community outreach, 40 Days for Life has inspired 1,000,000 volunteers!
With God's help, here are the proven results in 26 coordinated campaigns:
18,000 babies saved from abortion, 211 abortion workers converted
107 abortion centers closed

February 17 - March 28
40 DAYS FOR LIFE

COME TO OUR KICKOFF EVENT, TODAY,
SUNDAY, FEBRUARY 21 at 2pm

In Lawndale & South Los Angeles
Learn more...get involved...pick a location...& sign up for prayer times at:

40daysforlife.com/Lawndale

Vigil location: Outside Planned Parenthood
14623 Hawthorne Blvd, Lawndale 90260
Vigil hours: 7 am to 7 pm daily
Contact: Teressa Syta, 310-592-4213,
40Days4LifeLawndale@gmail.com

40daysforlife.com/SouthLosAngeles

Vigil location: Outside Planned Parenthood
8520 S Broadway, Los Angeles 90003
Vigil hours: 8 am to 7 pm daily
Local contact: Franne Valle, 323-476-5708,
southla5760@gmail.com



“Jesus summoned the Twelve and began to send them out two by two and gave them authority over unclean spirits.” - Mark 6:7



Why did Jesus send out the apostles two by two? Didn't Jesus know he could have doubled the number of towns they visited if he'd sent out each disciple alone? Of course Jesus did. Jesus also knew the benefits of having a traveling buddy—someone to share the journey and who could offer encouragement and support in the ups and downs along the way. It is good to have a travel buddy—or two, three or even more—on your faith journey. Who are your travel buddies on your journey of faith? Think about it.

Jesus, thank you for the people who help me in my faith.



St. Anastasia Home Bible Study

Does the Bible Really Say That?!

Did a reading you heard at Mass ever leave you baffled?

Join Dr. Brant Pitre each week as he explains difficult passages, relates them to Catholic teaching, and gives cultural context for the Sunday Old and New Testament readings.

On your own schedule, watch his engaging videos and participate in moderated Q&A and discussion with other members of St. Anastasia Bible Study.

Every Sunday like never before you will experience the richness of Sacred Scripture. Yes, it all makes sense.



There is no charge but registration is needed.
Contact: Carolyn Godlewski at ScriptureStudyGal@gmail.com

St. Anastasia Catholic Church
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 Los Angeles, CA 90045
 310-670-2243 Office
 310-670-5052 Fax
 Website: www.St-Anastasia.org
 Email: parish@st-anastasia.org



SACRAMENTAL PREPARATION
DRE (PCL):
 First Holy Communion: Year 1 & Year 2,
 Confirmation: Year 1 & Year 2,
 RCIA, Family :ZOOMING with Jesus
 Time (Open to all families with or without
 children, Baptism Class Parents/
 Godparents
 Nivita Aldrede-Brito:
 Office: 310.670.2243 Cell/Text: 310.614.7520
 Email: Nivita007@st-anastasia.org

ANointing of the Sick: Sacrament for the Sick
 is celebrated upon request of the family. Call the
 Parish Office 310-670-2243.

BAPTISM: Parents and Godparents are required to
 participate in preparation program. Call the Parish
 Office 310-670-2243.

MARRIAGE: Engaged couples must contact the
 Office no later than 6 months before their proposed
 wedding date. Call the Parish Office 310-670-2243

R.C.I.A.: (Rite of Christian Initiation of Adults) -
 Becoming Catholics - Call the Parish Office
 310-670-2243.

FUNERALS: Call the Parish Office: 310-670-2243.

LITURGICAL MINISTRIES
 Ministry of the Eucharist
Linda Schmidt.....397-5691
To the Home Bound.....670-2243
 Ministry of the Word
Carl Pentis.....649-4238
Antoinette Luxford.....338-1140
 Ministry of Music
Angelica Roque.....670-2243
MusicMinistry@st-anastasia.org
 To Volunteer as an Usher
Parish Office.....670-2243
 Courtyard Hospitality
Sr. Teresita.....216-2001
 Altar Care
Rose De Leonardis.....645-7175
 Altar Server Committee:
Herb Masi641-2819
M. R.....670-2243

Pastoral Team

Pastor: Fr. Leszek J. Semik
 Priest in Residence:
 Msgr. Gregory A. Cox
 Fr. Innocent Nzewuji
 Pastor Emeritus:
 Rev. Thomas F. King
 Business Manager:
 Fred Balsz
 Parish Office Manager/
 Bulletin Editor
 Aleida Rodriguez
 Parish Office Assistants:
 Nora Jayne Mallen
 Theresa Reilly
 Director of Religious Education:
 Nivita Brito
 Director of Music Ministry:
 Angelica Roque
 Confirmation Coordinator:
 Nivita Brito
 School Principal:
 Angelica Izquierdo
 School Office Manager:
 Louise Lance
 School Office Assistant:
 Linda Schmidt
 School Bookkeeper:
 Pauline Diaz
 Campus Safety:
 Ken Lance
 Maintenance:
 Erik Melchor
 Consultative School Board:
 Todd Dombrowski
 PTO-Parent Teacher Organization:
 President: Vickie Farmer
 ADESTE (After School Program)
 Ofelia Jimenez



PARISH ORGANIZATIONS
 Parish Finance Council
 David Mora 670-2243
 Pastor Pastoral Council
 Christopher Kaczor 670-2243
 Site Committee
 Stefan Politz 337-9534
Men's Club
 Chris Turkmany 200-8021
 Knights of Columbus 821-2324
 Arts and Education
 Andy Kozlowski 670-3152

St. Anastasia Catholic School
 8631 S. Stanmoor Drive
 Los Angeles, CA 90045
 310-645-8816 Office
 Website: school.St-Anastasia.org
 Email: school@st-anastasia.org

PARISH LIFE MINISTRIES

Funeral Arrangements.....670-2243
 Companions on the Journey
 Sue McLaughlin & Lidia Vinci...670-2243
 Young Adult Ministry
Nancy Albin.....927-8891
 Prayer Group
Lori Mountain.....502-9105
 Rosary Ministry
Rose De Leonardis.....645-7175
Ben Oakley.....670-2771
 Respect Life
Teressa Syta.....670-0285
 Safe Guard the Children
Lisa Scaltrito.....670-2243
Ann Abraham.....670-2243
 St. Joseph Center
Jayne Cram.....645-1140
 Homeless Weekend Program/
St. Robert's Center
Bob & Lori Caldwell.....823-7417
St. Margaret's Center
Mary Agnes Erlandson.....672-2208
 Catholic Charities
Cindy Begazo.....306-9390
 Bundles for Babies and Diaper Drive
Teressa Syta.....670-0285
 Nurses Ministry
Linda S. Absher.....645-6136
Angie Tolentino.....351-6137
 Ministry for Married Couples
Jon & Suzette Sornborger.....670-2243
Men's Spirituality
Joe Berberich.....745-7009
Shad Meshad.....568-1065
Men's Morning Hour670-2243
 MOMS Ministry
Kim Chavira.....949-370-1455
Maria Reilly.....382-7971
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Carolyn Godlewski.....670-2243
 Email: ScriptureStudyGal@gmail.com
 Social Ministry
Laurette Bibeau.....670-2488
 Family Visitation Ministry
Sr. Teresita.....216-2001

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