

WATCH THEREFORE;
YOU DO NOT KNOW WHEN
THE LORD OF THE HOUSE IS COMING,
WHETHER IN THE EVENING, OR AT MIDNIGHT,
OR AT COCKCROW, OR IN THE MORNING.

MARK 13:35



FIRST SUNDAY OF
ADVENT
NOVEMBER 29, 2020

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ST. ANASTASIA CATHOLIC CHURCH
7390 WEST MANCHESTER AVE. LOS ANGELES, CA 90045
310.670.2243 ◆ ST-ANASTASIA.ORG



THE PARISH OFFICE IS NOW CLOSED UNTIL FURTHER NOTICE.
 CONTACT ONLY BY PHONE 310-670-2243, OR EMAIL: PARISH@ST-ANASTASIA.ORG
 HOURS OF OPERATION: 9 AM TO 3:30 PM // WE ARE HERE TO SERVE AND HELP!!



FIRST SUNDAY OF ADVENT ~ ~ MARK'S JESUS

Mark's Gospel is the shortest and tersest of all four. The discourses of Jesus tend to be terser as well. Mark's portrayal of Jesus has none of the poetry of the Sermon on the Mount or the Sermon on the Plain as in Matthew or Luke, nor the extensive, reflective "I Am" discourses as in John. Mark's Jesus "cuts to the chase," we would say today. This is reflected quite well in today's passage.

It is no accident that the dialogue of Jesus at this point in the Gospel according to Mark—the concluding words about the end of the world—immediately before his passion, is riddled with exclamation points and an overall sense of urgency.

We would do well to re-tool our own way of living this Advent, for we live in a world urgently in need of hearing the message of Jesus proclaimed. It's time for us to "wake up!" and get out into the world to do it. — Copyright © J. S. Paluch Co.

First Sunday of Advent

Prepare His Way to Come to Us

Prepare the way of the Lord, make straight His paths. — Mark 1:3

What is this kingdom of God that Jesus proclaims? We think immediately of the afterlife: eternal life. Of course it is true that the Kingdom of God will extend without limit beyond earthly life, but the Good News that Jesus brings us is that we do not need to wait for the kingdom of God in the future: it is already at hand. In some way, it is already present, and we may experience power from now on. God comes to establish His Lordship in our history, today, every day, in our lives. Where it is welcomed with faith and humility, there love, joy and peace blossom.

The condition for entering and being part of this kingdom, is to make a change in our life, which is to convert, to convert every day, to take a step forward each day. It is a question of leaving behind the comfortable but misleading ways of idols of this world—success at all costs; power to the detriment of the weak; the desire for wealth; pleasure at any price. Instead, Prepare the way of the Lord! This does not take away our freedom, but gives us true happiness.

With the birth of Jesus in Bethlehem, God Himself abides among us to free us from whatever breaks down our relationship with God and others.

REFLECTION: *What changes in my life do I most want to make this Advent?*



ATTENTION PLEASE: OUTDOOR MASSES ARE CELEBRATED AS FOLLOWS:

DAILY MASSES, MONDAY THROUGH SATURDAY @ 8 AM - IN DIAMOND COURTYARD

SATURDAY VIGIL MASS 5 PM - DIAMOND COURTYARD,

SUNDAY MASSES 7 AM & 9 AM - DIAMOND COURTYARD

♥ 11 AM - PASTORS PLAZA ♥ 5 PM - DIAMOND COURTYARD

SUNDAY, NOVEMBER 29TH, 2020 FIRST SUNDAY OF ADVENT

CONTINUE TO CHECK THE ST. ANASTASIA WEBSITE AND FACEBOOK PAGE TO STAY TUNED WITH UPDATES!

PRAYER INTENTIONS

FOR YEARS, WE HAVE TRADITIONALLY LISTED THE PRAYER INTENTIONS IN THE BULLETIN. KEEPING WITH THAT TRADITION, WE NOW LIST THOSE INTENTIONS AND PLACE THEM ON THE ALTAR DURING MASS. (THIS IS A TEMPORARY CHANGE. - THANK YOU FOR YOUR UNDERSTANDING)

SUNDAY, NOVEMBER 29TH

7 AM - MICHAEL MITSAKOS ✚
 9 AM - ST. ANASTASIA PARISHIONERS
 11 AM - JOSEPH MASCITELLI ✚
 5 PM - ALL SOULS NOVENA

MONDAY, NOVEMBER 30TH
 8 AM - ALL SOULS NOVENA
 DON T. ◆

TUESDAY, DECEMBER 1ST
 8 AM - ARLEEN IMUS DERBAS ✚

WEDNESDAY, DECEMBER 2ND
 8 AM - DIANE SORTINO ★
 DORA LANZNER ✚

THURSDAY, DECEMBER 3RD
 9 AM - TOM MALLEN ★
 SR. TERESITA ★

FRIDAY, DECEMBER 4TH
 8 AM - SAM PIUMETTI ✚
 DAVID LIEBL ✚

SATURDAY, DECEMBER 5TH
 8 AM - AARON & DIANA COLES FAMILY ◆
 5 PM - MARILYN J. BEANS ✚

Birthday ★ Support ◆ Anniversary ♥ Memorial ✚

THE CHURCH IS NOW CLOSED UNTIL FURTHER NOTICE

The safety of our parishioners is our top priority at this time.

THE PARISH OFFICE IS ALSO CLOSED UNTIL FURTHER NOTICE

We encourage you to contact us **ONLY** by phone: 310.670.2243, or email: parish@st-anastasia.org. ♦ Hours: 9 am to 3:30 pm.

Welcome Angelica Roque ~ Our New Music Director ~ It is an honor to replace my brother Chris as Director of Music Ministry. My family first came to St. A's for exactly that - *Music*. There has been a Roque (or four) singing at Mass here for the last 20 years! It has always been a great joy of mine to worship and celebrate alongside family and friends. After studying Music at UC San Diego, I toured the US and UK with a performing arts education nonprofit called The Young Americans. I returned home to continue working with students as a Music Director for children's theatre programs, including here with the St. A's school kids. I look forward to making music with Panthers here again through the Children's Choir. I hope that music has brought some comfort to you during these distanced times. If you have any questions or would like to get involved with our Music Ministry, please reach out!
musicministry@st-anastasia.org.

SCHOOL NEWS!!

St. Anastasia Catholic School is offering virtual school tours for parents interested in grades Junior Kindergarten to 8th grade for the 2021-2022 school year. Applications for 2021-2022 will be available December 1. Please email admissions@st-anastasia.org to schedule a virtual school tour. St. Anastasia emphasizes an academic and spiritual program that supports the intellectual, physical, and creative growth of every child.



Enrolling for the 2021-2022 School Year!

Join our Panther Family!

Email admissions@st-anastasia.org for more information.

We can't wait to meet you!

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(310)645-8816



FACTS OF LIFE

Long Beach pro-life apostolate brings hope to pregnant women

It is a cool autumn morning, and Cecilia Chavez is standing where she has stood most weekday mornings for the last 12 years: in front of an abortion clinic. Brochures in hand, and her scapular around her neck, she knows the women entering the building do not want to see her, much less speak with her. Known as the Expectant Mothers Outreach, the apostolate, as it is described, originated at Church of the Holy Innocents in Long Beach. It was a pro-life homily from the parish's pastor, Father Peter Irving, that launched Chavez and a handful of other parishioners into action in 2008. On her first day of actively "reaching out," Chavez persuaded a mother not to abort her twins. "It was emotional," she recalled. Incredible: 1,338 babies' lives have been saved. One of the most crucial aspects of Chavez's work is her partnership with OB/GYN Dr. Patrick Baggot, a board-certified maternal-fetal specialist who has worked with Fr. Irving for many years. This spirit of generosity is the same spirit that shines through Chavez, Fr. Irving, and all of those who support the Expectant Mothers Outreach. www.angelusnews.com

Did You Know?

The devastating effects of verbal abuse

A study by Florida State University found that children who were verbally abused are more likely to experience depression and anxiety. They are also twice as likely to suffer with mood and anxiety disorders throughout their lifetime. Children who suffer such abuse can go on to repeat the same parenting styles they experienced thereby continuing the cycle of abuse. Pay attention to the language you and others use with your children. Breaking the chain of negative behaviors starts with

positive, healthy parent-child relationships. For a copy of the VIRTUS article "The Devastating Effects of Verbal Abuse," visit <https://lacatholics.org/did-you-know/>.





Saint Anastasia was born in 281 A.D. and became a perfect symbol of peace, humanity, and solidarity. Her Feast Day is December 25th. She is a symbol of dialogue and collaboration. In her spirit, and in the spirit of love, we welcome all to the Catholic Community of St. Anastasia Catholic Church.



ADVENT RESOURCES

Enjoy a wonderful "SUPER MINI" 3-minute Retreat...

Visit the following website:

<https://www.loyolapress.com/retreats/first-sunday-of-advent/>

Advent Daily Family Activity Calendar

Visit the website to enjoy this very unique way of journey through Advent.

<https://go.sadlier.com/religion/advent-calendar>

The Advent Calendar provides brief, spiritual reflections/activities for each day. Advent calendars carry an underlying spiritual message of anticipation and hope. By helping us remember and reflect on the coming of Jesus Christ, Advent calendars can be a valuable aid for Christian families.



All these resources are available on our Website!

Sharing Points...Family Comes First...

From the Director of Religious Education...Nivita...

" Food for Your Soul" ...

Faith@Home for Sunday, November 29th shared resources. Your weekly " recipe" to feed your family's soul...as you prepare for the first Sunday of Advent " HOPE" .

Faith@Home will appear every week on our Website under News/ Parish News/Family Resources. It will also be inserted in the bulletin each week. Courtesy of the Archdiocese of Los Angeles / Office of Religious Education, and brought to you through your DRE, Nivita Brito.



NEWS FROM YOUR DRE (PCL)

Please contact me for any of the following, with questions or concerns.

- ◆ Sacrament Preparation Class Updates:
- ◆ First Holy Communion - Year 1 and Year 2,
- ◆ Confirmation -Year 1 and Year 2,
- ◆ RCIA
- ◆ Family " ZOOMING with Jesus Time (Open to all families with or without children),
- ◆ Baptism Class Parents/Godparents.

Nivita Aldrete-Brito ~ ~

Email: Nivita007@st-anastasia.org

~ ~ Cell/Text: 310-614-7520



Holy Water is available in the Parish Office. Those interested, please call before coming, since the office is CLOSED to the Public @ 310-670-2243
A donation is welcomed!



CELEBRATING OUR FAITH

~ Next Week ~

Saturday, December 5th & Sunday, December 6th, 2020

| MASSES: | CELEBRANTS: |
|---------------------------|--------------|
| Sat: 5 pm | Fr. Semik |
| Sun: 7 am | Fr. King |
| Sun: 9 am | Msgr. Cox |
| Sun: 11 am | Fr. Semik |
| Holy Communion @ 12:30 pm | Fr. Innocent |
| Sun: 5 pm | Fr. Innocent |

We encourage all to read and reflect on the Biblical passages that will be proclaimed at Masses next week!



First Reading — The rugged land shall be made a plain; the rough country, a broad valley (Isaiah 40:1-5, 9-11).

Psalm — Lord, let us see your kindness, and grant us your salvation (Ps. 85).

Second Reading — Conduct yourselves in holiness, hastening the coming of the day of God (2 Peter 3:8-14).

Gospel — I have baptized you with water; he will baptize you with the Holy Spirit (Mark 1:1-8).



MINISTRY EQUIPS US TO DEEPEN OUR LOVE FOR GOD AND SHARE OUR FAITH...



St. Anastasia offers Drive-Through Holy Communion, on Sundays at 12:30 pm.

CONFESSIONS on Saturday, from 3:30 to 4:45 PM

PATIO—BACK ENTRANCE OF PARISH OFFICE, OR DIAMOND COURTYARD



SAVE THE DATE! "Carols for a Cause: A Free Christmas Concert Benefiting Los Angeles Pregnancy Services" December 20th at 3:00 PM in Pastor's Plaza at St. Anastasia.

Christmas is NOT cancelled!
Help Families in Need this Holiday Season!



St. Margaret's Center, a community center located in Inglewood, is seeking donations for their annual **Christmas Program** on **Saturday, December 12, 2020**.

This year, St. Margaret's Center's Annual Christmas Program will be transformed into Santa Claus Lane! Each pre-screened family will receive a

- Grocery gift card
- \$25 Target gift cards for all children 12 and under.

Please help Santa fill his sack with gift cards! Imagine the difference Your donation will make **to a child's Christmas...** We need 1,000 Target \$25 gift cards!

- Goody bags • Sweet treats and ...

...**Santa Claus** socially distanced of course!

The inserted flyer in today's bulletin gives detailed information on how to donate!

St. Anastasia Home Bible Study

What Are the Readings Telling Me?

The four Scripture readings proclaimed at Sunday Mass carry a special message for us. But sometimes we miss it.



- Join Dr. Brant Pitre each week as he reveals hidden meanings, navigates difficult passages, and gives historical context for the Sunday 'Liturgy of the Word'.
- Watch his engaging videos on your own schedule and participate in moderated Q&A and discussion with other members of St. Anastasia Bible Study.
- Every Sunday like never before you will be prepared to understand and appreciate the richness of Sacred Scripture.

There is no charge but registration is needed. Contact: Carolyn Godlewski at ScriptureStudyGal@gmail.com

The Celebration of Our Lady of Guadalupe Mass will take place

Friday, December 11th, at 6 pm in Pastors Plaza.

Following the guidelines, keeping the 6 feet distance, and protecting ourselves and others, wearing masks.



"It is the hour now for you to awake from sleep." - Rom 13:11

Wake up to Advent!

St. Paul tells us that we should wake up. But, of course, we

are not in bed sleeping when we are reading his words! What does it mean? One thing that St. Paul means by "waking up" is "pay attention." Sometimes families are so busy they don't take time to see or do what matters the most. What matters most might be helping a tired parent clean up the kitchen. What matters most might be taking time at dinner to laugh together at a silly joke, What matters most might be listening to God's word in brand new ways.

Think about it...

What did the prophet Isaiah think "matter most"?

What did Isaiah want us to wake up and do?

Unscramble the verse below to find out! (HINT: Isaiah 2:5)

meoC etl su kwla ni eht gtilh fo het rLord.

C

Welcoming Jesus Happy New Year!

When does a new year begin? There are many right answers! In America, the country begins a New Year on January 1. When we go to school, our new year begins when summer ends. Your birthday begins a new year just for you. **But for the Church, the new year begins on the First Sunday of Advent!**

St. Anastasia Catholic Church

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310-670-5052 Fax
Website: www.St-Anastasia.org
Email: parish@st-anastasia.org**



SACRAMENTAL PREPARATION

DRE (PCL):
First Holy Communion: Year 1 & Year 2,
Confirmation: Year 1 & Year 2,
RCIA, Family :”ZOOMING with Jesus
Time (Open to all families with or without children,
Baptism Class Parents/Godparents
Nivita Aldrede-Brito:
Office: 310.670.2243 Cell/Text: 310.614.7520
Email: Nivita007@st-anastasia.org

ANOIDTING OF THE SICK: Sacrament for the Sick is celebrated upon request of the family. Call the Parish Office 310-670-2243.

BAPTISM: Parents and Godparents are required to participate in preparation program. Call the Parish Office 310-670-2243.

MARRIAGE: Engaged couples must contact the Office no later than 6 months before their proposed wedding date. Call the Parish Office 310-670-2243.

R.C.I.A.: (Rite of Christian Initiation of Adults) - *Becoming Catholics* - Call the Parish Office 310-670-2243.

FUNERALS: Call the Parish Office: 310-670-2243.

LITURGICAL MINISTRIES

Ministry of the Eucharist
Linda Schmidt..... 397-5691
To the Home Bound.....670-2243
Ministry of the Word
Carl Pentis.....649-4238
Antoinette Luxford.....338-1140
Ministry of Music
Chris Roque.....670-2243
croque@st-anastasia.org
Ministry of Hospitality (Ushers)
Evelio Leon 895-8898
Courtyard Hospitality
Sr. Teresita..... 216-2001
Altar Care
Rose De Leonardis 645-7175
Altar Server Committee:
Herb Masi641-2819
Maura Reznik.....645-6845
Steve Sichi.....670-8897

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Fr. Innocent Nzewuji
Pastor Emeritus:
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Aleida Rodriguez
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Maria Cathcart
Director of Religious Education:
Nivita Brito
Director of Music Ministry:
Angelica Roque
Confirmation Coordinator:
Nivita Brito
School Principal:
Angelica Izquierdo
School Office Manager:
Louise Lance
School Office Assistant:
Linda Schmidt
School Bookkeeper:
Pauline Diaz
Campus Safety:
Ken Lance
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Erik Melchor
Consultative School Board:
Todd Dombrowski
PTO-Parent Teacher Organization:
President: Vickie Farmer

ADESTE (After School Program)
Ofelia Jimenez



PARISH ORGANIZATIONS

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Herb Klein 670-2243
Pastor Pastoral Council
Christopher Kaczor 670-2243
Site Committee
Stefan Politz 337-9534
Men's Club
Chris Turkmany 200-8021
Knights of Columbus.....821-2324
Arts and Education
Andy Kozlowski 670-3152

St. Anastasia Catholic School

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310-645-8816 Office
Website: school.St-Anastasia.org
Email: school@st-anastasia.org**

PARISH LIFE MINISTRIES

Funeral Arrangements.....670-2243
Young Adult Ministry
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Prayer Group
Lori Mountain.....502-9105
Rosary Ministry
Rose De Leonardis.....645-7175
Ben Oakley.....670-2771
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Teresa Syta.....670-0285
Safe Guard the Children
Lisa Scaltrito.....670-2243
Ann Abraham.....670-2243
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Jayne Cram.....645-1140
Homeless Weekend Program/
St. Robert's Center
Bob & Lori Caldwell.....823-7417
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Mary Agnes Erlandson.....672-2208
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Cindy Begazo.....306-9390
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Joe Berberich.....745-7009
Shad Meshad.....568-1065
Men's Morning Hour670-2243
MOMS Ministry
Kim Chavira.....949-370-1455
Maria Reilly.....382-7971
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