

ST. ANASTASIA CATHOLIC CHURCH
7390 WEST MANCHESTER AVE. LOS ANGELES, CA 90045
310.670.2243 ◆ ST-ANASTASIA.ORG



# THE PARISH OFFICE IS NOW CLOSED TO THE PUBLIC - FOR HELP OR ASSISTANCE, PLEASE CALL 310-670-2243, OR EMAIL: PARISH@ST-ANASTASIA.ORG HOURS OF OPERATION: 9 AM TO 3:30 PM // WE ARE HERE TO SERVE AND HELP!!



Twenty-first Sunday in Ordinary Time  $\sim$  Jesus poses the question "But who do you say I am?" in today's Gospel passage. It is a question posed to Peter and the disciples, to Matthew's first readers, and to the Church today. Peter's confession of faith in Jesus as Christ and Son of God was a culmination of what the disciples had experienced in their life with Jesus thus far. Jesus affirms Peter's declaration as a gift from God. But it was only the beginning of Peter's understanding of what these words actually meant, and how the disciples saw themselves in light of this truth. As Jesus and the disciples turned toward Jerusalem and to the cross, the disciples perhaps pondered their own identity, together with their dawning understanding of Jesus' identity. For us, the journey of faith, initiated and sustained by the Holy Spirit, means an ongoing reflection upon who Jesus is and who we are. ~ Copyright © J. S. Paluch Co., Inc.

Fditor's Note: In the last few weeks, parishioners may have noticed two new columns: Book Club and New Ideas for Favorite Cooking Recipes!



Our intent is to keep the St. Anastasia

Community interacting and feeling connected, especially, through these difficult times!

While many of us are very busy, for some, this may be the only avenue of communication and socialization for a while.

We hope to see increased interest and contribution to the columns in the coming weeks, and welcome, and look forward to any ideas, comments and suggestions. Thank you!!!

Contact me at: arodriguez@st-anastasia.org

# Please keep in mind that Registration is ALWAYS required to attend Mass

Due to COVID-19 social distancing efforts, we are required to limit the number of parishioners who attend each Mass. Please register under the link of the date and time you wish to attend Mass so that we can better keep our Church family safe. TO REGISTER for a Social Distance Mass, it is required that you go to our Website Home Page/Reopening and click where it indicates! It will take you to the actual Registration Page through SignUp Genius - once there you can select the Mass you which to attend, and then select your Seat. For more information or question, please call the Parish Office at 310.670.2243 or email us at parish@st-anastasia.org.

We are here to help and serve. God Bless!

# **ATTENTION PLEASE:** OUTDOOR MASSES ARE CELEBRATED AS FOLLOWS:

DAILY MASSES, MONDAY THROUGH SATURDAY @ 8 AM - IN DIAMOND COURTYARD SATURDAY VIGIL MASS 5 PM - DIAMOND COURTYARD. SUNDAY MASSES 7 AM & 9 AM - DIAMOND COURTYARD

11 AM - PASTORS PLAZA
 5 PM - DIAMOND COURTYARD

### SUNDAY, AUGUST 23RD, 2020 TWENTY ONE SUNDAY IN ORDINARY TIME

CONTINUE TO CHECK THE ST. ANASTASIA WEBSITE AND FACEBOOK PAGE TO STAY TUNED WITH UPDATES!

#### PRAYER INTENTIONS

FOR SO MANY YEARS WE HAVE TRADITIONALLY LISTED THE PRAYER INTENTIONS IN THE BULLETIN. KEEPING WITH THAT TRADITION, WE NOW LIST THOSE INTENTIONS AND PLACE THEM ON THE ALTAR DURING MASS. (THIS IS A TEMPORARY CHANGE, - THANK YOU FOR YOUR UNDERSTANDING)

#### SUNDAY, AUGUST 23RD

7 AM - RICK GREENWOOD ◆

9 AM - NATE LLORENS & FAMILY ◆

11 AM - MICHAEL & EDNA YOUNG ◆

THE 1 PM MASS HAS BEEN CANCELLED!

5 PM - ST. ANASTASIA PARISHIONERS ◆

#### MONDAY, AUGUST 24TH

8 AM - TYLER PAGDANGANAN ★ ROSS A. SIMARD ♦

TUESDAY, AUGUST 25TH

8 AM - J. P. WHITE ★

ANNA-MARIE DALAND ★

WEDNESDAY, AUGUST 26TH

8 AM - GERALDINE OAKLEY ★☆

# THURSDAY, AUGUST 27TH

8 AM - MARIA BARRAGAN 🕈

#### FRIDAY, AUGUST 28TH

8 AM - ARIANA CECILIA COLES ★

#### DICK DOMINETTA ★

SATURDAY, AUGUST 29TH 8 AM - DONNA SARASIN 🕈

5 PM - MARIE REZZO ❖







# THE CHURCH IS CLOSED TO THE PUBLIC The safety of our parishioners is our top priority at this time.

# THE PARISH OFFICE IS ALSO CLOSED TO THE PUBLIC

We encourage you to contact us by phone: 310.670.2243, or email: parish@st-anastasia.org.  $\diamond$  Hours: 9 am to 3:30 pm.



St. Roch was born in 1295 in France at Montpellier, where his father was governor. As a child he was known for his devotion and asceticism. When his parents died he sold everything he had and went to Rome, which was at that point dealing with an epidemic of the plague. He assisted the sick, and it is said, he brought about the healing of many through "prayer, the sign of the cross, and the touch of his hand." Eventually he got sick himself and was expelled from the city, taking refuge in a forest, where it is said a dog brought him food from his master's table. That is why he is a Patron Saint of dogs and of epidemics. It is believed he died in a town not too far from Milan, but is buried in a Church, St. Rocco's, in Venice. May his prayers help us, today, as we face the unknown and struggle with the suffering of so many.

During times of pandemics, we turn to you, the Patron Saint of Pandemics, for protection and spiritual guidance, to help us through.

Let's invoke the intercession of Saint Roch (or San Rocco).



#### Prayer to St. Roch

O Blessed Saint Roch, Patron of the sick, Have pity on those Who lie upon a bed of suffering. Your power was so great When you were in this world, That by the sign of the Cross, Many were healed of their diseases. Now that you are in heaven, Your power is not less. Offer, then, to God Our sighs and tears And obtain for us that health we seek Through Christ our Lord. Amen.

(Repeat the following 3 times)

#### FACTS OF LIFE

Couple welcomes two babies in three months:

'They brought sheer joy'

Stephanie Hollifield and her husband were the happy parents of three children — two biological and one adopted through foster care — when they opted to adopt again through foster care. But in the middle of the process, they discovered they were pregnant, which they assumed meant the end of the adoption process for them. "I was 6 months pregnant when I received a phone call asking if we could foster a newborn baby girl," Hollifield told Love What Matters. She realized that it would be "insane" to continue to pursue adoption while pregnant and the social worker told her that they don't usually place a newborn with a family that is expecting anyway. Then the social worker called again. They couldn't find a home for the baby girl and wondered if the Hollifields would reconsider. They were worried about a lot of things — money, sleep, having five children — but those fears disappeared when they met the baby girl. "As soon as I held her in my arms, something switched in me," said Hollifield. "I knew we had enough because she had nothing. This tiny infant with her life in front of her deserved every opportunity this world had for her. I felt a responsibility to her and to the person she would grow to be, and I knew in that moment we could make this work." www.lovewhatmatters.com

#### Did You Know?

#### Get to know your child's online activities

More and more children will be relying on the internet to continue their education this year. For parents who have already instilled strict screen time guidelines, having children online for school can be cause for concern. Talk to your children about appropriate online behavior, how to know what sites they should and should not visit, what to do if they find themselves on an inappropriate site or in an exchange that makes them feel uncomfortable, as well as how they should handle themselves on social media and other online correspondence. Your child's teachers will likely have detailed plans for how to handle any online schooling. Talk to them about what apps or websites your child will need, and their plans for protecting children from cyber bullying, inappropriate contact, and other online dangers. For more information, visit https://lacatholics.org/did-you-know/.

# We encourage all to read and reflect on the Biblical passages that will be proclaimed at Masses next week!



First Reading — The name of the LORD has become like fire burning in Jeremiah's heart (Jeremiah 20:7-9).

Psalm — My soul is thirsting for you, 0 Lord my God (Psalm 63). Second Reading — Be transformed; renew your mind; discern what is good (Romans 12:1-2).

Gospel — Those who lose their lives for Jesus' sake will find them (Matthew 16:21-27).

**VOLUNTEERS NEEDED** ~ St Anastasia Parish and five other Westside churches have been long-time supporters of St Robert's Center in Venice. Every six weeks, we provide volunteers to make and help distribute bag lunches for the homeless. In these times of the Covid-19 virus, we have modified our program to simply provide a "grab and go" bag lunch in the St Robert's Center parking lot.

We practice proper hygiene with masks and social distancing. We are desperately in need of additional volunteers to help with this ministry. If you can assist or would like more information, please call our ministry coordinators, Lori and Bob Caldwell, at 310-823-7417.



Saint Anastasia was born in 281 A.D. and became a perfect symbol of peace, humanity, and solidarity. Her Feast Day is December 25th. She is a symbol of dialogue and collaboration. In her spirit, and in the spirit of love, we welcome all to the Catholic Community of St. Anastasia Catholic Church.

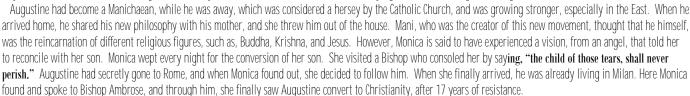
**ST. MONICA AND ST. AUGUSTINE** ~ St. Monica was an early Christian Saint, and the mother of St. Augustine of Hippo. St. Monica of Hippo is Patroness of mothers, married women, and especially those with problematic husbands and children. She was born in 331 AD in Hippo Regis, which today is Tunisia, in the northern part of Algeria, on the Mediterranean Coast. Although, Monica was a Christian, her parents arranged a marriage to a Roman pagan, named Patricius. He lived in her home town in North Africa. Patricius had some good qualities, but he had a very bad temper and few morals. **Monica's mother**-in-law, who was very disagreeable, also lived in the same house with her and her family. She had three children who survived infancy, 2 sons, Augustine and Navigius, and a daughter Perpetua of Hippo. Monica gave courage

to the women in her town, who lived in similar abusive households, victims of adultery, verbal abuse, and conversion of relatives.

Monica's alms giving, good deeds, and prayer habits, annoyed Patricius. He refused to have his 3 children baptized, and when

Augustine fell very ill, she became quite alarmed and begged Patricius to allow Augustine to be baptized. He agreed, then when he recovered, Patricius went back on his word. Monica was relieved when he recovered, but became very anxious. When Augustine returned to a

wayward life, of laziness and drinking, he was finally sent to a school at Madauros. While studying rhetoric in Carthage, at the age of 17, his father died.



Monica and her son spent six peaceful months at Cassago Brianna. Augustine, was baptized by Bishop Ambrose in the Church of John the Baptist at Milan. Monica and Augustine left for Africa and on their journey, they stopped at Ostia. Here, Monica passed away on, August 27, 387 AD, at age 56. Augustine's sorrow inspired him to write a book, entitled, *CONFESSIONS*. His mother had a charitable practice in which she "brought to certain oratorios, erected in the memory of the saints, offerings of porridge, bread, water and wine." When she moved to Milan, the Bishop Ambrose forbade her to use the offering of wine, since "it might be an occasion of gluttony for those who were already given to drink". So Augustine wrote of his mother: "In place of a basket filled with fruits of the earth, she had learned to bring to the oratorios of the martyrs a heart full of purer petitions, and to give all that she could to the poor - that the communion of the Lord's body might be rightly celebrated in those places where, an example of his passion, the martyrs had been sacrificed and crowned. " (Confessions 6.2.2)

Saint Monica was originally buried at Ostia, then was moved from place to place, until finally 'put to rest' in the Basilica of Sant'Agostino, Rome. St. Monica's funeral epitaph was written in stone and survived for centuries. It was discovered in the summer of 1945 in the Church of Santa Aurea, when two boys were digging a hole to plant a football post in the courtyard beside Santa Aurea. It translates from the Latin: "Here the most virtuous mother of a young man set her ashes, a second light to your merits, Augustine. As a priest, serving the heavenly laws of peace, you taught (or, you teach) the people entrusted to you with your character. A glory greater than the praise of your accomplishments crowns you both—Mother of the Virtues, more fortunate because of her offspring."

Saint Augustine, made a complete turn-around and became a priest and Bishop of Hippo. He had a brilliant mind and is famous for his writings, and philosophical ideas of the Church. He wrote his analysis of sin, his metaphysical study of time, conditions for a just war, and is especially famous for his interpretation of Christianity. He is considered a Doctor of the Church. During his life he continued to defend the Church against many heresies. He established many monasteries and continued to write doctrinal theism.

When the Germaine invaders conquered a large part of the Roman Empire, they also came to Annaba. St. Augustine was seriously ill with a fever, and was praying for an end to the war. He died on August 28, 430 at the age of 76, and the vandals ended the siege of Hippo Regis. (Annaba) He is considered the Patron Saint of brewers, printers, theologians, and several dioceses. He is known as one of the Church's greatest Saints. The Catholic Church believes that the day of a saint's death, is also their birth into heaven. Isn't it appropriate that St. Monica died August 27, and her son, on August 28?

"But when [Peter] saw how strong the wind was he became frightened: and, beginning to sink, he cried out, "Lord, save me!" - Matthew 14:30

Jesus chose everyday people as His

Apostles. Take Peter, for instance. He was a good person, but like everyone else, Peter made mistakes. When Jesus helped Peter walk on water, Peter was okay at first, but he got frightened and thought he would sink. Peter is a lot like us. He tried to do the right thing, but sometimes he takes a wrong turn.

He's afraid sometimes, and his trust in Jesus fails in those

He's afraid sometimes, and his trust in Jesus fails in those moments. But just as Jesus loved Peter, despite his mistakes, Jesus loves us. Jesus will always be there in our corner, helping and protecting us. Don't be afraid to trust Jesus!

Jesus, be with me always!

# The Power of The Rosary

Our Lady's 15 Promises for Praying the Rosary

1. Whosever shall faithfully serve me by the recitation of the Rosary shall receive *Signal Graces*. *Signal Graces* are those special and unique Graces to help sanctify us in our state in life. The remaining promises will explain clearly what these Graces will consist of. St. Louis de Montfort states emphatically that the best and fastest way to union with Our Lord is via Our Lady.

2. I promise my special protection and the greatest graces to all those who shall recite the Rosary. Our Lady is our Advocate and the **channel of all God's Grace to us. Our Lady is simply highlighting that She will** watch especially over us who pray the Rosary.

- TO BE CONTINUED...





# MINISTRY EQUIPS US TO DEEPEN OUR LOVE FOR GOD AND SHARE OUR FAITH...



At times like this we need to find ways of helping ourselves to remain calm, focus, and be positive!

# So, Here are the "12 Wonderful Commandments!"

- 1. Make up your mind to be happy. Learn to find pleasure in simple things.
- 2. Make the best of your circumstances. No one has everything, and everyone has something of sorrow intermingled with gladness of life. The trick is to let the laughter outweigh the tears.
- 3. Don't take yourself too seriously. Don't think that somehow you should be protected from misfortune that befalls people.
- 4. You can't please everybody. Don't let criticism worry you.
- 5. Don't let your neighbor set your standards. Be yourself.
- 6. Do the things you enjoy doing but stay out of debt.
- 7. Never borrow trouble. Imaginary things are harder to bear than real ones.
- 8. Since hate poisons the soul, do not cherish jealousy. Avoid people who make you unhappy.
- 9. Have many interests. If you can't travel, read about new places.
- 10. Don't hold postmortems. Don't spend your time brooding over sorrows or mistakes. Don't be one who never gets over things.
- 11. Do what you can for those less fortunate than yourself.
- 12. Keep busy at something. A busy person never has time to be unhappy.



# Don't forget to always be THANKFUL! And Thank GOD for today!





# Our Reverence for the Most Holy Eucharist "O Come, Let Us Adore Him"

Fr. Charles M. Mangan - "Ten Commandments for Eucharistic Reverence" - Final Part

VI. Spend time with the Eucharistic Jesus outside of Mass. The Eucharist is continually adorable—during and outside of Mass. During Eucharistic Processions, Forty Hours, Holy Hours and Visits to the Blessed Sacrament (whether exposed in the Monstrance or reserved in the Tabernacle), we adore the Messiah while simultaneously growing in likeness to Him. We *infallibly* draw closer to the Eucharistic Jesus by spending time with Him as we sincerely seek to be converted.

VII. Make frequent Spiritual Communions. The cherished practice of the Spiritual Communion in which one invites the Lord into his soul, as He would come during Sacramental Communion, is to be fostered as an act of love and worship. Spiritual Communions involve the desire to receive the Eucharistic Lord when one is impeded from making the usual Sacramental Communion and are made anywhere.

VIII. Cultivate a rapport with the Ever-Virgin Mother of the Eucharist. Mary, present with her Divine Son on Calvary, is somehow present during each Holy Mass. Venerating Our Blessed Lady leads to adoration of the Master. The benevolent Mother instructs us how to love, adore, and receive Jesus, in the Holy Sacrament of the Altar

IX. Know the Saints who lived for the Holy Eucharist. **The Church's brilliant history is overflowing with men and women, boys and girls who loved, adored and,** in some cases, died for the Holy Eucharist. Acquainting ourselves with their affection for Holy Communion, spurs on our own development in love and worship of the Eucharistic Jesus.

X. Arrange for the Holy Sacrifice of the Mass to be offered for both the living and the dead. There is no more beautiful gift for the living and the faithful departed. Requesting Masses shows one's belief in the efficacy of Christ's Sacrifice and conveys worship of the Holy Eucharist—the "Treasure of Treasures" that enriches those who love and adore the King of Kings, really present in the Most Blessed Sacrament.

#### St. A nastasia Catholic Church

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#### SACRAMENTAL PREPARATION

RCIA-Rite of Christian Initiation for Adults and SRE (Sunday School) Nivia Brito: 310.670.2243 nbrito@st-anastasia.org

Confirmation:

Nivia Brito: 310.670.2243 confirmationsainta@gmail.com

Infant Baptism:

Fred & Esmeralda: 310.679.9119

fbalsz@st-anastasia.org

ANOINTING OF THE SICK: Sacrament for the Sick is celebrated upon request of the family. Call the Parish Office 310-670-2243.

BAPTISM: Parents and Godparents are required to participate in preparation program. Call the Parish Office 310-670-2243.

MARRIAGE: Engaged couples must contact the Office no later than 6 months before their proposed wedding date. Call the Parish Office 310-670-2243.

R.C.I.A.: (Rite of Christian Initiation of Adults) -Becoming Catholics - Call the Parish Office 310-670-2243.

FUNERALS: Call the Parish Office: 310-670-2243

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Chris Roque......670-2243

croque@st-anastasia.org

Ministry of Hospitality (Ushers)

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Rose De Leonardis 645-7175

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