

JULY
5
2020

Jesus said,
“Take my yoke upon you and learn from me,
for I am meek and humble of heart;
and you will find rest for yourselves.”

Matthew 11:29

**FOURTEENTH SUNDAY
IN ORDINARY TIME**

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◆ PLEASE CONTINUE SEARCHING FOR NEW AND ENCOURAGING STORIES SHARED THROUGH VERY RELIABLE WEBSITES AS: ANGELUS, ARCHDIOCESE OF LOS ANGELES, ETC. THEIR ARTICLES ARE FULL OF VERACITY AND HOPE!



Fourteenth Sunday in Ordinary Time Meek and Humble God

Jesus tells us in today's Gospel that He is "meek and humble of heart." Yet just a few lines before this, He says that He is equal to his Father, the Almighty God. So how can the Son of God be both meek and mighty?

For Jesus, being meek does not mean letting people push Him around. If He were meek in that sense, He could not have thrown the moneychangers out of the temple. Jesus' meekness meant doing the will of God completely. The challenge for us comes in His words "learn from me." We must learn to do God's will as completely as Jesus did.

First, it means that we do all that God wants of us. We cannot pick and choose what we want to do and what we want to ignore. If some things seem too difficult or painful for us, we may need more faith in Jesus' ability to make the burden easy. For example, sometimes we may hear Jesus' command to love one another and reserve the right to love whom we choose. Or we may reserve the right to decide which teachings of the Church we will follow. But doing God's will completely means doing it without reservation.

Second, we may try to do all that God asks, but give up if something becomes too difficult. We may say we forgive someone, for example, but when they reject that forgiveness, we become even angrier. Or we may tire of being patient with someone and be verbally hurtful. Or maybe we agree to help on a parish project but quit when someone disagrees with us. We can learn from Jesus how to do each part of God's will to completion, as Jesus did all the way to the cross.

So how is the Son of God humble? True humility means acknowledging who we are and what we can do. Jesus is simply being humble when He says that He is equal to the Father. So too, we are humble when we do not hide the fact that we are children of God and brothers and sisters of Jesus. Instead of a false modesty that claims "I'm not good enough to follow all of God's commands," it takes true humility to accept that we can do God's will because the Spirit is with us to help us.

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SUNDAY, JULY 5TH, 2020 FOURTEENTH SUNDAY IN ORDINARY TIME

CONTINUE TO CHECK THE
ST. ANASTASIA WEBSITE AND FACEBOOK PAGE
TO STAY TUNED WITH UPDATES!

PRAYER INTENTIONS

FOR SO MANY YEARS WE HAVE TRADITIONALLY LISTED THE PRAYER INTENTIONS IN THE BULLETIN. KEEPING WITH THAT TRADITION, WE NOW LIST THOSE INTENTIONS AND PLACE THEM ON THE ALTAR DURING MASS.

(THIS IS A TEMPORARY CHANGE. THANK YOU FOR YOUR UNDERSTANDING)

SUNDAY, JULY 5TH

7 AM - JESSIE JAYNE MALLEN ★
9 AM - ST. ANASTASIA PARISHIONERS
11 AM - GINGER BANTA †
1 PM - VICTOR DOMNIKOV ◆
5 PM - CAMERAN REILLY ★

MONDAY, JULY 6TH

8 AM - JUANITA RODRIGUEZ †
DOROTHY PAPA †

TUESDAY, JULY 7TH

8 AM - ISABEL RODRIGUEZ ★
ROSI KIRK ★

WEDNESDAY, JULY 8TH

8 AM - NORA JAYNE MALLEN ★
STEVE WILLIAMS ★†

THURSDAY, JULY 9TH

8 AM - SPECIAL INTENTIONS ★
DORA CHAVEZ †

FRIDAY, JULY 10TH

8 AM - TIERNEY SMITH ★

SATURDAY, JULY 11TH

8 AM - SPECIAL INTENTIONS ◆
5 PM - ESPERANZA DALAND †

Birthday ★ Support ◆ Anniversary ♥ Memorial †



**Appreciation
to Dr. Colvert
Dear St. Anastasia
community,**



I would like to take a moment to express my sincere appreciation to Dr. Colvert for his work and dedication to our school over the last two years. We are grateful for his contributions in realizing the educational programs and development of St. Anastasia School. We recognize, respect, and appreciate the valuable skills and knowledge Dr. Colvert has imparted to our school and we thank him for his efforts.

There have been many challenges that we have faced, and we have overcome them as a community of faith and hope for a brighter future for our cherished students. Please join me in keeping Dr. Colvert and his family in your thoughts and prayers in his future endeavors.

“May the Lord bless you and keep you. May the Lord make his face to shine upon you and be gracious to you. May the Lord lift up his countenance upon you and give you peace.”

- Numbers 6:24-26

**In Christ,
Fr. Leszek Semik
Pastor**

**Fourteenth Sunday in Ordinary Time
OUR COMPLICATED LIVES**

We live in an age and a society that has never been more educated or had a higher standard of living, yet never have we carried as much debt. Many are living beyond their means. We have so many resources and time-saving devices at our hands, yet our lives are more complex than ever. While many people may not engage in extreme manual labor we rarely escape our jobs. Many are connected through phones and constantly receive calls, texts, and emails. Others spend hours in traffic on their daily commutes or pack on the frequent flyer miles. We spend hours binge-watching our favorite shows. Many children are accustomed to being in front of a screen all the time and no longer know how to play creatively. The statistics for those who continue to leave the Church and all forms of organized religion also continue to rise.

While there is no such thing as a “good old days” to return to, there was something to be said for sleeping soundly after putting in a good day’s work, and for a family gathering around the table for a shared meal. For many, this model for eucharist rarely exists. Jesus knows and feels our pains, and calls out, “Come to me, all you who labor and are burdened, and I will give you rest.”



The Fourth of July—also known as Independence Day or July 4th—has been a Federal Holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later, delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American Independence.

**LET’S NEVER FORGET THIS: FREEDOM, INDEPENDENCE!
KEEP IT AND TREASURE IT!**



***This Sunday, July 5th, 2020
14th Sunday in Ordinary Time***



We encourage all to read and reflect on the Biblical passages that will be proclaimed at Masses next week!

First Reading — Rejoice heartily, O Jerusalem! For see, your savior comes (Zechariah 9:9-10).

Psalm — I will praise your name for ever, my king and my God (Psalm 145).

Second Reading — The one who raised Christ from death will give life to your mortal bodies also (Romans 8:9, 11-13).

Gospel — Come, all you who labor and are burdened, and I will give you rest (Matthew 11:25-30).

First Reading — My word will achieve the end for which it was sent (Isaiah 55:10-11).

Psalm — The seed that falls on good ground will yield a fruitful harvest (Ps 65).

Second Reading — We, who have the first fruits of the Spirit, groan within ourselves awaiting the redemption of our bodies (Romans 8:18-23).

Gospel — Some seed fell on rich soil and produced fruit (Matthew 13:1-23 [1-9]).



Saint Anastasia was born in 281 A.D. and became a perfect symbol of peace, humanity, and solidarity. Her Feast Day is December 25th. She is a symbol of dialogue and collaboration. In her spirit, and in the spirit of love, we welcome all to the Catholic Community of St. Anastasia Catholic Church.

St. Benedict of Nursia - Benedict was born into a very

distinguished family in the year 480, in Central Italy. Very early in life he was drawn to monasticism. After attending grade school he went to Rome to continue his education in literature and law. He left Rome to escape the cruelty and immoral behavior of the world. He does not seem to have left Rome for the purpose of becoming a hermit, but only to find some place, away from the great city. He took his old nurse with him as a servant, and a group of priests, and settled down to live in Affile.

He soon realized that he couldn't live in a small town any better than in a large city, so he withdrew to a cave, high in the mountains for three years. Some monks chose Benedict as their leader for a while, but his strictness was sometimes too rigid.

It was here, in Affile, where St. Benedict worked his first miracle, by restoring to perfect condition, an earthenware wheat sifter, which his man-servant had accidentally broken. This miracle brought fame to Benedict and he had to withdraw, in order to escape more social life. He took shelter in a cave in the ruins of Nero's village, near Subiaco, where he began to live as a hermit. His only contact with the outside world was with a monk called Romanus, whose Monastery was nearby. He gave St. Benedict a monk's habit and provided him with spiritual and material needs. St. Benedict experienced immense loneliness.

He left the cave and after founding twelve communities of monks at Sabiaco, Italy, he traveled to Montecassino, where he established a monastery and wrote "*The Rules*."

In 516, in the later Middle Ages, his rules were meant as a guide for individuals, autonomous communities, and all the Benedictine Houses that remained self-governing.

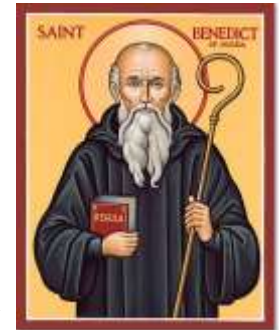
His book of precepts, in Latin, was *Regular Sancti Benedicti*. This was a book of rules for monks living in community life under authority. The Benedictine Confederation: *Pax ora et labora* (peace, pray, work) was a summed up motto of *The Rule of Saint Benedict*.

His Order has always had its own form of celebrating the *Liturgy of the Hours*. St. Benedict devoted 13 chapters of his rules, to regulating the canonical HOURS for his monks and nuns. Chapter 18, specifies how they should pray the Psalms. These rules were used by Benedictines for 15 centuries and became the norm for many Christian monks and nuns. Therefore, St. Benedict is known as the *Founder of Western Monasticism*.

During his life, Benedict performed many miracles. He found water on a desolate mountaintop to quench the thirst of his monks. He prevented a monk from leading a desolate life through intervention. In addition, he saved a young man from drowning by making his older brother walk on water. He brought a young child back from death and miraculously supplied the monastery with flour and oil, in time of need.

Benedict also had the gift of prophecy. Benedict saw the soul of his sister, St. Scholastica, rising to heaven in the form of a dove. He died, surrounded by his monks on March 21, 547 A.D., in Monte Cassino, Italy. As Benedict requested before his death, he is buried alongside the grave of his sister.

St. Benedict of Nursia is the Patron Saint of Europe, Kidney Disease, Monks, Poisoning, and Schoolchildren.



Did You Know?

Tips for keeping calm and parenting during stressful times

We are living in unprecedented times, and many parents are stretched to capacity. The added stress of pandemic living can make it hard to parent calmly and effectively when children are acting out, but it's important to remember, that children are also going through a huge period of change right now. Instead of reacting in anger, try these ideas to keep your cool. Talk to a friend - many people are suffering from a lack of physical community, so reach out by phone or text. Pray together as a family, asking for patience, cheerfulness, and whatever other virtues you need to get you through the day. Set an example of forgiveness with your children - ask for it when you need it and grant it when they do. For more tips, get a copy of the VIRTUS® article, "Say it on repeat: I am going to keep my calm!" at <https://lacatholics.org/did-you-know/>.

FAITH
is not believing that God can
it is knowing that He will.



MINISTRY EQUIPS US TO DEEPEN OUR LOVE FOR GOD AND SHARE OUR FAITH...



CHURCH VISITING HOURS

Church Visiting Hours have been cancelled for the duration of the COVID-19 pandemic. The safety of our parishioners is our top priority in this time. We will announce visiting hours upon reopening.

PARISH OFFICE HOURS

Monday – Friday ♦ 8:30AM – 4:00PM

Faith for Kids

“Blessed are those who have not seen and have believed.”

- John 20:29



Have you ever read something in the Bible **that you didn't understand?** Ever hear something in Church you found hard to **believe? Everyone has doubts sometimes. That's okay! It is what you do with your doubts that matters.** Do you pray about them? Do you ask questions? God is too big, too great, and too wonderful for any of us to ever understand completely, but He gave you a mind to think and wonder and learn even more about Him.



God, help me use my mind to learn all I can about You!

Now that the Churches have been reopened, it is very important to make sure the guidelines are followed properly:

- Keep social distancing of 6 FEET;
- Wear your mask properly;
- Make sure to use hand sanitizer, and avoid unnecessary touching of surfaces.



A REMINDER OF NEW MASS SCHEDULE:

Saturday Vigil Mass: 5:00 PM

Sunday: 7:00 AM & 9:00 AM in the Church

THE 9 AM MASS WILL ALWAYS BE LIVESTREAMED

11:00 AM & 1:00 pm in Pastors Plaza

(Please be mindful of the fact that these Masses are outside, so it is recommended to bring a hat and wear sunscreen)

5:00 PM in the Church

Daily Mass: Monday - Saturday at 8:00 AM

A REMINDER OF THE CONFESSION SCHEDULE:

Saturday: 3pm-5pm

Two Stations:

- Diamond Courtyard
- Patio (Back Entrance to Parish Office)



Continue praying THE ROSARY;
a POWERFUL PRAYER, a POWERFUL WEAPON
AGAINST EVIL!

**“The Family That Prays
Together Stays Together.”**

- Fr. Patrick Peyton



FACTS OF LIFE

On June 29, Joey Wittkugle will be turning 62. Not a remarkable thing for men of his age these days, except that when he was a baby, his parents were told he would not live beyond the age of 11. When Joey was born in the late 1950s, the doctors told his parents that he would live a short life, and have to be sheltered. “The doctor came in and never asked my name and said to me, ‘You have to put him away. He’ll never talk. He’ll never walk. He’ll never know who you are. He will live to the age of 11 and that will be the end of it,’” his mother, Bobbi said. You see, Joey was born with Down syndrome, and at the time, Bobbi explained, “nobody knew about them, and they kept them in the house. I mean, you did not have them out walking or one thing or another.” Bobbi explained that it was her priest who helped her see the value of her son’s life, despite how limited his life may have to be. “Bobbi, you were gifted by God, you were chosen by God to have this child. You can’t turn your back on him,” she says the clergyman told her. “When he leaves you, then you will know the purpose of him coming to you.” Her precious boy, however, would go on to live a life that blessed his loved ones.

www.activistmommy.com

Pope Francis' Prayer Intentions for July Universal Prayer Intention Our Families

We pray that today's families may be accompanied with love, respect and guidance.



ST. ANASTASIA CATHOLIC CHURCH,
LOS ANGELES, CA

BULLETIN # 004968

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SUNDAY, JULY 5th, 2020

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SACRAMENTAL PREPARATION

RCIA-Rite of Christian Initiation for Adults and SRE (Sunday School)
Jonette Mauch: 310.670.2243
jmauch@st-anastasia.org
Confirmation:
Michael Gasparro: 310.670.2243
confirmationsainta@gmail.com
Infant Baptism:
Fred & Esmeralda: 310.679.9119
fbalsz@st-anastasia.org

ANONTING OF THE SICK: Sacrament for the Sick is celebrated upon request of the family. Call the Parish Office 310-670-2243.

BAPTISM: Parents and Godparents are required to participate in preparation program. Call the Parish Office 310-670-2243.

MARRIAGE: Engaged couples must contact the Office no later than 6 months before their proposed wedding date. Call the Parish Office 310-670-2243.

R.C.I.A.: (Rite of Christian Initiation of Adults) - *Becoming Catholics* - Call the Parish Office 310-670-2243.

FUNERALS: Call the Parish Office: 310-670-2243.

LITURGICAL MINISTRIES

Ministry of the Eucharist
Linda Schmidt..... 397-5691
To the Home Bound.....670-2243
Ministry of the Word
Carl Pentis.....649-4238
Antoinette Luxford.....338-1140
Ministry of Music
Chris Roque.....670-2243
croque@st-anastasia.org
Ministry of Hospitality (Ushers)
Evelio Leon 895-8898
Courtyard Hospitality
Sr. Teresita..... 216-2001
Altar Care
Rose De Leonardis 645-7175
Altar Server Committee:
Herb Masi641-2819
Maura Reznik.....645-6845
Steve Sichi.....670-8897

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Priest in Residence:
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Fr. Innocent Nzewuji
Pastor Emeritus:
Rev. Thomas F. King
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Fred Balsz
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Bulletin Editor
Aleida Rodriguez
Parish Office Assistants:
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Theresa Reilly
Maria Cathcart
Director of Religious Education:
Nivia Brito
Director of Music Ministry:
Chris Roque
Confirmation Coordinator:
Nivia Brito
School Principal:
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School Office Assistant:
Linda Schmidt
School Bookkeeper:
Pauline Diaz
Campus Safety:
Ken Lance
Maintenance:
Erik Melchor
Consultative School Board:
Todd Dombrowski
PTO-Parent Teacher Organization:
President: Vickie Farmer

ADESTE (After School Program)
Ofelia Jimenez



PARISH ORGANIZATIONS

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Pastor Pastoral Council
Christopher Kaczor 670-2243
Site Committee
Stefan Politz 337-9534
Men's Club
Chris Turkmany 200-8021
Knights of Columbus.....821-2324
Arts and Education
Andy Kozlowski 670-3152

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PARISH LIFE MINISTRIES

Funeral Arrangements.....670-2243
Young Adult Ministry
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Prayer Group
Lori Mountain.....502-9105
Rosary Ministry
Rose De Leonardis.....645-7175
Ben Oakley.....670-2771
Respect Life
Teresa Syta.....670-0285
Safe Guard the Children
Lisa Scaltrito.....670-2243
Ann Abraham.....670-2243
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Jayne Cram.....645-1140
Homeless Weekend Program/
St. Robert's Center
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Shad Meshad.....568-1065
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Maria Reilly.....382-7971
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Email: ScriptureStudyGal@gmail.com
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