

14th Sunday in Ordinary Time  
July 5, 2020

# FAITH @ HOME

## 14th Sunday in Ordinary Time

**First Reading:** Zechariah 9:9-10  
**Responsorial Psalm:** Psalm 145:1-2, 8-11, 13-14  
**Second Reading:** Romans 8:9, 11-13  
**Gospel:** Matthew 11:25-30

[Full Readings can be found here!](#)

## 1. HEAR

Grab your bible and look up the reading. Do not have one? No worries you can find the text [here](#).

Listen to the readings proclaimed in audio format from the [USCCB website](#).

For families with young children, a [video from Holy Heroes](#).

## 2. PRAY

Today's Gospel is all about Jesus inviting His disciples, his students to come with Him and become like Him.

His invite to His disciples and to all of us is to

1. Answer the call to follow Him
2. Imitate His life

How can we imitate Christ?

Take a moment to reflect and pray with the following bible verses as you think about ways in which you can imitate Christ in your daily life at work, school, home, etc.

Read each bible verse twice, spend a moment in silence then continue.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

### Pray

In those days he departed to the mountain to pray, and he spent the night in prayer to God.

*(Luke 6:12)*

### Be Kind

[And] be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ.

*(Ephesians 4:32)*

### Seek Holiness

but, as he who called you is holy, be holy yourselves in every aspect of your conduct, for it is written, "Be holy because I [am] holy." *(1 Peter 1:15-16)*

Following and Imitating Christ doesn't mean that we won't be annoyed, angry, etc. Being a disciple means even though we have those human emotions, we have an inner peace and trust in the one who loves us the most.

Take time this week to find/make/purchase a piece of cloth that you can wear as a bracelet or tie on your purse or backpack. Let it be a reminder that you are striving to be more like Christ.

## 3. TALK

Discussion Questions:

If you live alone reach out to a friend or family member to share.

1. How can you be more like Christ at home with your family?
2. How can you be Christ to the people/strangers you will encounter this week?
3. Have you felt the Lord call, nudge you to follow him?
4. What does it mean to follow Jesus?



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