

# THE MOST HOLY TRINITY



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June 7, 2020

God so loved the world that he gave his only Son,  
so that everyone who believes in him  
might not perish but might have eternal life.

*John 3:16*

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## The Most Holy Trinity Life, the Universe, and Everything



God gave his only Son



that all who believe might have eternal life

### Why does God love us so much? And why are we able to love others?

The answer to these questions is found in the meaning of today's feast. Trinity Sunday celebrates not so much an idea of three-in-one as the relationship of the Persons of the Trinity with each other and with us.

The idea is that the Father expressed Himself as the Word. Since it was a perfect expression, the Word is His Son and equal to the Father. The love of Father and Son is expressed as the Holy Spirit. Being a perfect love, it too is equal to Father and Son. So even the idea of the Trinity is based on love. But God's love was so great, God went even further. God created us to be loved by God.

In the second reading Paul blesses the Corinthians with the "love of God and the fellowship of the Holy Spirit." The book of Genesis (3:18) says that it was not good for man to be alone. So God created woman, and through man and woman all humanity, to be able to love each other. Though human love is not perfect, the love of man and woman can produce another person, a child. The three Persons of the Trinity share one life in God. But through baptism, we also share in God's life. Just as parents love to see how their children look like them, so God loves to see the divine in us.

The first reading reminds us of God's closeness to humanity. Moses can speak to God and God responds by granting his request. The Gospel tells how much God loves the world, that God's own Son was sent to die for us. But we sometimes forget that God's love comes first. We think that the more loving we are, the more God will love us. But love comes from God (1 John 4:7-11), so when we love someone it doesn't make God love us more; we love because God loves us first. Our decision to love is a response to God's love, and our ability to love is itself a gift from God. The meaning of life, the universe, and everything is Love, the love of the Trinity for each other and for us. The question now is, how well do we use that gift of God's love by loving each other?

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### SUNDAY, JUNE 7TH, 2020 SOLEMNITY OF PENTECOST SUNDAY

VIRTUAL MASS SCHEDULE: DAILY MASS: 9 AM  
(FRIDAY MASS, MUSIC, AND LITURGY GEARED TOWARD CHILDREN)

SUNDAY MASS: 10 AM

ST. ANASTASIA WEBSITE AND FACEBOOK PAGE

EVEN THOUGH MASSES TO THE PUBLIC HAVE BEEN CANCELLED, MASS INTENTIONS ARE BEING SAID BY OUR PRIESTS **LORD HEAR OUR PRAYERS** ~ For those who are **ill, and those in need of our prayers...** The names that have been in the bulletin are now placed on the Chapel Altar, and prayed for each day during Mass. New requests are also added to it. (this is ONLY a temporary change).

#### SUNDAY, JUNE 7TH

C. J. & ROSEMARY CAMBRE ♥✚  
ROSA LEE DERR ✚  
JESUS CHUY RODRIGUES ✚  
ST. ANASTASIA PARISHIONERS ◆

#### MONDAY, JUNE 8TH

PAT HENDON ✚

TUESDAY, June 9TH  
MEGHAN MALLEN ◆

#### WEDNESDAY, JUNE 10TH

CHRIS WYATT ✚  
PAUL REILLY ✚

#### THURSDAY, JUNE 11TH

AARON COLES ★

#### FRIDAY, JUNE 12TH

ERIK MELCHOR ★

#### SATURDAY, JUNE 13TH

RAYMOND P. FERRA ✚

Birthday ★ Support ◆ Anniversary ♥ Memorial ✚

## Beautiful and overwhelming outpour of love and kindness!



The celebration of Pentecost Sunday at our St. Anastasia Community, demonstrated once again, that when there is a common cause, when there is a need, the people of St. A's welcomes it with open arms and hearts!

Even though we couldn't get together in person, the result showed that it is not necessary when it comes to helping those in need. What we must have in common is the desire to reach out, to show compassion, to let others know that in times of difficulties and challenges, **THEY** (who ever is out there in any kind of need, at any given time) are not **ALONE!**

Thank you so much to all those who organized the event: "Pentecost Sunday Food Drive!" Fr. Leszek, Fred, Erik, Sr. Teresita, and many others that do their part always behind the scene!

It was a very beautiful and unified effort which resulted with a show of overwhelming generosity, benefitting "Meals on Wheels" in Torrance.



**THE MOST IMPORTANT PART WAS: The Exposition of the Blessed Sacrament!**  
After so many months of being "away" it really comforted the souls of all of us, to be able to have HIM exposed for us to adore HIM! Amen!



### Faith for Kids

"Fill us at daybreak with your kindness, that we may shout for joy and gladness all our days." - Psalm 90:14

There are two ways to meet each day. You can crawl out of bed and say, "Oh, no, it's another day." Or you can jump out of bed and bravely shout, "Yes! It's another day to enjoy the world and everything I've received from God. (Especially during these challenges times; if we are at home, healthy, with our loved ones, with food at our table, and a roof over our heads!!!) It's another day to be surprised by what God has in store for me! Bring it on!" You get to choose. How will you start your day?

God, give me the courage to say Yes!  
To each day you give me.

Continue praying  
The Rosary;  
a POWERFUL prayer!  
"The Family That  
Prays  
Together  
Stays Together."  
- Fr. Patrick Peyton



### **This Sunday, June 7th, 2020 Solemnity of the Most Holy Trinity**



**We encourage all to read and reflect on the  
Biblical passages that will be proclaimed at  
Masses next week!**

First Reading — The LORD, merciful and gracious, rich in kindness and faithfulness (Exodus 34:4b-6, 8-9).

Psalm — Glory and praise for ever! (Daniel 3).

Second Reading — Brothers and sisters, rejoice. Live with one another in peace, and the God of peace will be with you (2 Corinthians 13:11-13).

Gospel — God did not send the Son to condemn the world, but to give it abundant life (John 3:16-18).

First Reading — Never forget the LORD your God, who brought you out of slavery (Deuteronomy 8:2-3, 14b-16a).

Psalm — Praise the Lord, Jerusalem (Psalm 147).

Second Reading — Because the loaf of bread is one, we who partake of it, though we are many, are one body (1 Corinthians 10:16-17).

Gospel — Jesus said, "I am the living bread; whoever eats this bread will live forever" (John 6:51-58).



*Saint Anastasia was born in 281 A.D. and became a perfect symbol of peace, humanity, and solidarity. Her Feast Day is December 25th. She is a symbol of dialogue and collaboration. In her spirit, and in the spirit of love, we welcome all to the Catholic Community of St. Anastasia Catholic Church.*

## The Solemnity of the Holy Trinity

Trinity Sunday is the first Sunday of Pentecost, in the Western Catholic Church liturgical calendar.

In the Catholic Church it is officially known as the Solemnity of the Most Holy Trinity. This celebrates the Christian doctrine of the Trinity or the three Persons of God: the Father, the Son, and the Holy Spirit.

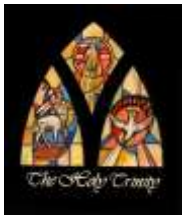
We believe that there are three distinct PERSONS In one God and that these three Persons form a unity. **The word "trinity" comes from the word "tri" meaning "three" and "unity" meaning "one".**

Whatever God does, all three Persons do. They work together, however, each person has a mission or special task. The Father is responsible for creation and sustainer of all things. The Son was sent to become a man and save the world. He is our perfect example. He came to earth so we could live with God again, through His Crucifixion and Resurrection. Christ offered humans salvation and eternal life. And the Holy Spirit is in charge of guiding the Church and making its members holy and interceding on our behalf.

The Holy Spirit is our Sanctifier, who makes the Church Holy.

People have tried to explain this great mystery of the Trinity. For example, they tried to compare the Trinity to an egg. There is a shell, egg white and a yoke but one egg. When St. Patrick was a missionary, in Ireland, he used a shamrock to teach about the Trinity. There are three leaves but only one shamrock. The Trinity has been compared to water which has three states: liquid, solid (ice), and gas (steam). These examples help, but we will never understand this deep mystery of God.

The Persons in the Trinity are a family bound together in a relationship of love. God created us to share in this divine life. **We call God's life in us, sanctifying grace.** Already we are joined to God on earth. God dwells within us. Our destiny is to enter fully into the life of the Trinity. This is what heaven is: union with the great and loving God within us.



(Excerpts have been taken from "Totally Catholic" by Sr. Mary K. Glavich, SND)



### Did You Know? Don't be afraid to start a conversation about COVID-19 with your children

If possible, choose a time when your children are likely to want to talk, perhaps at dinner. Ask what they already know and what questions and concerns they have about COVID-19. Everyone reacts differently, but your children's questions can guide your discussion. Listen and answer their questions with facts in a way that they can understand. If you don't know the answer to a question, be honest. Let them know that there are a lot of rumors and false information and that you'll help them learn the facts. If it's appropriate for their age, you can show them how to search for the answer on a reliable website. Best places to learn about COVID-19 are the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO). For more tips, please read the article, "How to talk to your kids about COVID-19," <https://www.mayoclinic.org/diseases-conditions/coronavirus/in-depth/kids-covid-19/art-20482508>.

### FACTS OF LIFE

A premature baby girl in Scotland, who is thought to be the country's youngest coronavirus patient, is recovering from the virus after contracting it at just three weeks old. On April 15, Maguire and her husband Adrian learned that Peyton tested positive for the virus. "They said, 'she's fine, don't panic - but she has tested positive for coronavirus,'" said Maguire. Peyton received steroids to help strengthen her lungs and fight the virus, but her parents were told they must go home and isolate for 14 days away from their new baby. Maguire begged the doctors to let her stay with her daughter. Doctors decided to allow Maguire to stay with her daughter, while her husband self-isolated at home. Both Peyton and her mother were discharged from the hospital on Monday, April 20, with great gratitude to the hospital staff. [www.liveaction.org](http://www.liveaction.org)





MINISTRY EQUIPS US  
TO DEEPEN OUR LOVE FOR GOD  
AND SHARE OUR FAITH...



## Screened Out - What digital devices are doing to our lives

Strength for the Week

**What digital devices are doing to our lives**, by Sr. Nancy Usselmann, FSP  
Hi there,

With the creation of smartphones and the advent of social media, our lives now have digital extensions as we share who we are, what we do, and what we hope to be, all on our social media feeds. We spend hours a day checking our email, viewing apps, and often playing digital games as time-fillers throughout the day. What is all this time on our screens doing to us as human beings? How does it affect our relationships and connection to society as a whole? What is it doing to our brains? How are our devices impacting younger generations entering a fully wired world?



**Canadian filmmaker Jon Hyatt** began to wonder as he and his wife and three sons spent countless hours on their digital devices. Recognizing his continual usage of his phone, which he said was the first thing he looked at in the morning and the last thing at night, along with multiple times during the day, he began to ask these questions of himself and his wife. As they both reflected, they realized they were becoming addicted to their screens.

And so Jon began to research this cultural trend. His feature-length documentary *Screened Out* was released on multiple streaming platforms May 26th.

Jon traveled around Canada and the US seeking out experts in multiple fields, asking them about this "screen phenomenon." What he discovered not only confirmed his own convictions, but enlightened him on the realities of living in a digital age.

*Screened Out* is a must-see documentary for every parent and teacher. We may think we know what is happening to us with our digital experience, but perhaps, we can learn now how to take more precautions and teach media mindfulness to our children. They will thank us in the future.

Visit [www.screenedoutfilm.com](http://www.screenedoutfilm.com) to check it out.

(Read the entire article by checking: [discoverhope@paulinemediacom](mailto:discoverhope@paulinemediacom) via [getresponse-mail.com](mailto:getresponse-mail.com)  
COURTESY OF Sr. Kathryn Pauline Books & Media)

## Happy Father's Day! Sunday, June 21st!

As we celebrated Mother's Day a few weeks ago, this year our celebration for our amazing Fathers, may be a bit different, as well!

The annual Father's Day Novena will take place this year in a different way. Since we won't have the opportunity to physically write the names of those for whom we would like to offer our prayers; the daily Mass for the nine days will include all Fathers alive and all Fathers who have been called by God to join Him! In the silent of your heart you will offer up your intentions to God, the Almighty!

*We will be accepting names sent to the Parish Office through: [arodriguez@st-anastasia.org](mailto:arodriguez@st-anastasia.org). Those names will be added to the daily Mass Intentions, and prayer list, during the Father's Day Novena.*

For those of you that won't be able to do that, prayers are offered for all, and God is the One that knows our needs and intentions. We are all covered!

The Novena starts Sunday, June 21st through Monday, June 29th.

## Happy Father's Day!



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[confirmationsainta@gmail.com](mailto:confirmationsainta@gmail.com)  
**Infant Baptism:**  
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**ANOINTING OF THE SICK:** Sacrament for the Sick is celebrated upon request of the family. Call the Parish Office 310-670-2243.

**BAPTISM:** Parents and Godparents are required to participate in preparation program. Call the Parish Office 310-670-2243.

**MARRIAGE:** Engaged couples must contact the Office no later than 6 months before their proposed wedding date. Call the Parish Office 310-670-2243.

**R.C.I.A.:** (Rite of Christian Initiation of Adults) - *Becoming Catholics* - Call the Parish Office 310-670-2243.

**FUNERALS:** Call the Parish Office: 310-670-2243.

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