

Solemnity of the Body and
Blood of Christ
June 14, 2020

FAITH @ HOME

1. HEAR

Solemnity of the Body and Blood of Christ

First Reading	Deuteronomy 8:2-3, 14b-16a
Responsorial Psalm	Psalms 147:12-13, 14-15, 19-20
Second Reading:	1 Corinthians 10: 16-17
Gospel:	John 6:51-58

[You can open these passages in your Bible, or you can access the them here!](#)



2. PRAY

This Sunday, the Church celebrates the great feast of the Body and Blood of Christ (sometimes known in Latin as Corpus Christi).

As a family, read the Gospel passage for the day (John 6:51-58) in a spirit of prayer. You can follow the steps in the link to pray with the Word of God and connect the Word with your life. [Click here for the Gospel reflection process.](#)

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

3. TALK

The Mass is a meal by which we join the sacrifice of Jesus and experience his presence among us. Jesus feeds us with his very own Body and Blood. When we eat his Body in the form of bread and drink his Blood in the form of wine, we become whom we eat and drink: we become like Jesus.

Eat dinner with your family this week and bring Jesus into the conversation:

- How has Jesus fed my soul in the last week?
- How can I love more like Jesus this week?
- Why do I think going to Mass is important?
- What did I miss about going to Mass during the pandemic? Why?
- What would Jesus say in the face of racism and violence?

Optional Activity

When Mass is over, the Real Presence of Jesus in the Eucharist remains in the tabernacle, the place in the church building where the Blessed Sacrament is kept (look for a lighted candle nearby).

As a family, drop by a parish church this week for a few moments to pray before the Real Presence of Jesus in the tabernacle (if you can). If you cannot, [click here to be directed to Perpetual Adoration at Saint Katharine Drexel Catholic Church.](#) Pray for peace and unity in your family, our city, and our country.