

# FATH @ HOME

### 3rd Sunday of Easter

First Reading: Acts 2:14, 22-33

**Responsorial Psalm** PS 16

**Second Reading:** 1 Peter 1:17-21 **Gospel:** Luke 24:13-35

Full Readings can be found here!

## 1. HEAR



Options to Read/Listen to the Gospel Luke 24: 13-35

Grab your bible and look up the reading. Don't have one? No worries you can find the text here

Check out this <u>video</u> with the Proclamation of the Gospel with images.

For families with young children, a <u>video</u> from Holy Heroes.

Share with us how you are living out your faith at home. Use #LACatholicsBelieve and tag @LACatholics on social media.

# 2. PRAY

### Go on an Emmaus Walk

- ◆ Take a walk with your family or by yourself. Please take care to be safe and practice social distancing. If a walk in the neighborhood is not possible—take a slow walk around your yard or in your house/apartment. Be observant.
- Bring your phone to snap a photo or a journal to write or sketch your observations.
- Begin your walk with a simple prayer:

  Dear Jesus as we start this Emmaus walk,

  help us to find you in all that we encounter. Amen.
- Reflect on the question: Where do I see or find Jesus on this walk?

**Scavenger Hunt for Kids**: Take photo or draw picture of what you find. Be creative!

- Find something that reminds you of your family.
- Find something that makes you think of "breaking bread" or "our hearts burning."
- Think about where you see Jesus on this walk?

# 3. TALK

### Share a Meal

- Share what you saw on your Emmaus walk.
   If you live alone reach out to a friend or family member to share your observations.
- Where did you find Jesus on your walk?
- How do you feel that God is calling you, right now, to help others?



**Archdiocese of Los Angeles** 

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